

ALAMEDA COUNTY

REFERRAL FOR INTENSIVE CARE COORDINATION (ICC) & INTENSIVE HOME BASED SERVICES (IHBS)

NOTE: This form **NOT** to be used for open **Child Welfare** cases. For child welfare clients, please make a Katie A. referral in consultation with Child Welfare Worker

Directions: Fill out form completely, attach current Mental Health Assessment if you are the current mental health therapist completing the referral. Please fax all documentation to County ICC/IHBS Administrator at **1-866-492-4734.** If you have questions, you may contact the Administrator by phone at 510-383-5128.

SERVICE AUTHORIZATION

ICC is available through the Early and Periodic Screening, Diagnostic and Treatment (EPSDT) benefit to all children, youth, and young adults under the age of 21 who: are eligible for full scope Medi-Cal; meet medical necessity for specialty mental health services; and meet one or more of the indicators/criteria indicated on the referral form. ICC Services will be authorized by the BHCS ICC Administrator and reassessed at 9 month intervals to determine if ICC Services continue to be medically necessary.

WHAT IS INTENSIVE CARE COORDINATION (ICC)?

ICC is an intensive form of care coordination that identifies ancillary supports and systems to assist with client stabilization. ICC ensures that the client's complex behavioral health needs are met through active, integrated and collaborative participation by provider(s), family, and natural supports. The difference between ICC and the more traditional TCM* service functions is that a CFT** must be established for children and youth who receive ICC and ICC is intended for children and youth with more intensive needs and/or whose treatment requires cross-agency collaboration.

WHAT IS INTENSIVE HOME BASED SERVICES (IHBS)?

IHBS are mental health rehabilitative services that are available to clients under 21 who are receiving ICC. IHBS are individualized, strength-based interventions designed to improve mental health conditions that interfere with a child, youth, or young adult's functioning and are aimed at helping the client build skills necessary for successful functioning in the home and community. The Child and Family Team (CFT) should consider all available services to identify the most appropriate services to meet each child or youth's needs. The difference between IHBS and more traditional outpatient Specialty Mental Health Services (SMHS) is that the service is expected to be of significant intensity to address the mental health needs of the child or youth, consistent with the plan and the ICPM, and will be predominantly delivered outside an office setting and in the home, school, or community.

<u>*TCM (Targeted Case Management)</u>: TCM consists of case management services that assist Medi-Caleligible individuals within specified targeted groups to access needed medical, social, educational, and other services.

****CFT (Child & Family Team):** The CFT is comprised of the youth and family and all of the ancillary individuals who work with and support the child and family. In addition to the various agencies, provider staff and other natural supports as members of the CFT, there is also a CFT Facilitator.