

****Provider Education - Family Support Workshop****
Target audience: Clinicians, LCSWs, MFTs, CAADAC and RNs within ACBHCS

Please join us for our interactive Provider Education Workshop, designed to enhance the provider's capacity to support family members / caregivers throughout the treatment and support of mental health consumers within ACBHCS

Instructors

- **Rebecca Woolis, MFT**
Berkeley Creative Wellness Center,
Bonita House, Author and
Psychotherapist - private practice
- **Francesca Tenenbaum, Director**
Patients Rights Advocates of Alameda
County; MHAAC

Panel Members

- **Mark Rahman, Family Advocate**
Family Education & Resource Center
Family Member
- **Liz Rebensdorf, President, NAMI East Bay; President, Alameda County Board member: Mental Health Association, Alameda County Family Member**
- **Margot Dashielle, Family Coalition and Board member: Mental Health Association, Alameda County Family Member**

Facilitator

- **Karina Foote, RN, MSN, Program Director**
Family Education and Resource Center

SPACE IS LIMITED

To register contact: Latifa Lewis
510.746.1700 | Latifa@mhaac.org

*Light Refreshments and lunch will
be provided*

Family Perspectives

Supporting a triad approach to wellness/recovery
treatment planning;
Consumers, Providers, and Family as Partners

Thursday, April 28th, 2011

Registration: 8:30 AM

Workshop: 9:00 AM to 4:30 PM

**The California Endowment
Oakland Conference Center
1111 Broadway, 7th Floor**

6 CEUs offered for LCSWs, MFTs, CAADAC and RNs

Providers will:

- ✓ **Gain tools to recognize and address the complex issues/ stages of coping, adaptation and adjustment for family members with loved ones with serious emotional disturbances or mental health challenges**
- ✓ **Learn practical hints and tips for engaging, supporting and utilizing the family perspective to achieve improved treatment outcomes without breaching confidentiality; explore the many ways family can provide input and the various creative ways providers can communicate with 'family' - including available communication tools**
- ✓ **Gain knowledge of techniques to encourage and support family acceptance, buy in and follow through**
- ✓ **Gain insights into 'resistance' in families and develop techniques to support a collaborative relationship**