## EXHIBIT A(x)-SCOPE OF WORK (SOW): SCHOOL-BASED BEHAVIORAL HEALTH (SBBH)

| Contractor Name | Account NameContractor Legal Name |
|-----------------|-----------------------------------|
|-----------------|-----------------------------------|

See Applicable Exhibit A Documents. Any additional specifications or variations in contracted service requirements applicable to this Exhibit A-SOW shall be contained herein.

### I. PROGRAM NAME

School-Based Behavioral Health (SBBH)

### Additional Specifications

Program Name - Add Specs

### II. CONTRACTED SERVICES

**Outpatient Services** 

- Mental Health Services
- Case Management/Brokerage
- Crisis Intervention

Medi-Cal Requirements Apply

#### Additional Specifications

Contracted Services - Add Specs

#### III. PROGRAM INFORMATION AND REQUIREMENTS

#### A. Program Goals

Contractor shall provide services to accomplish the following goals:

- i. Enhance client's mental health status, positive coping strategies, and life skills;
- ii. Increase client's ability to actively participate and engage in school, home, and other community settings;
- iii. Increase parent and/or caregiver's ability to support clients by encouraging participation in the client's treatment.; and
- iv. Improve client's ability to cultivate and/or maintain positive relationships with peers and adults.

#### **Additional Specifications**

Program Goals - Add Specs

#### **B.** Target Population

Contractor shall provide services to the following populations:

#### 1. Service Groups

Contractor shall provide services to children and youth who meet criteria for Specialty Mental Health Services and Contractor shall make it a priority to serve children and youth who are enrolled at a school site specified in Contractor's Exhibit A-Scope of Work (SOW) for SBBH.

Contractor may serve up to two Educationally Related Mental Health Services (ERMHS) outpatient referrals per school site each school year. Contractor shall not accept ERMHS referrals for students enrolled in charter schools. Contractor shall only open an ERMHS outpatient referral after receiving an ERMHS packet from Alameda County Behavioral Health Care Services (ACBH) Children's Specialized Services. Additional cases shall require prior notification and authorization from ACBH.

### Additional Specifications

Service Groups - Add Specs

### 2. Referral Process to Program

Referrals for service shall come from ACBH Acute Crisis Care and Evaluation for System-wide Services (ACCESS), school personnel, parents, and self-referral. In addition, Contractor's staff shall work in collaboration with school personnel through the Coordination of Services Team (COST), if one exists, to review referrals and provide appropriate support services to eligible students and families. Youth referred to the provider through ACCESS who do not attend the contracted school site may be seen in the community as needed and/or determined necessary by the Contactor's capacity to meet clients' needs.

#### Additional Specifications

Referral Process to Program - Add Specs

### 3. Program Eligibility

Contractor shall only serve residents of Alameda County who:

- i. Are eligible for full-scope Medi-Cal, are an ERMHS client enrolled at a public school site who has been referred and authorized to receive services by the client's school district, or are an unaccompanied immigrant youth per the guidelines in the November 12, 2015 and February 4, 2016 Provider Letters regarding services to this population, which can be referenced online at <a href="http://www.acbhcs.org/providers/network/CBOs.htm">http://www.acbhcs.org/providers/network/CBOs.htm</a>; and
- ii. Meet the criteria to receive specialty mental health services.

Foster, kinship, or adopted children and youth with out-of-county Medi-Cal and residing in Alameda County are eligible for services under inter-county arrangements possible under presumptive transfer and Service Authorization Request (SAR).

## Additional Specifications

Program Eligibility - Add Specs

#### 4. Limitations of Service

Contractor shall refer children and youth who are not enrolled at one of the contracted school sites to other behavioral health programs or to ACBH ACCESS as needed and as appropriate.

### **Additional Specifications**

Limitations of Service - Add Specs

#### C. Program Description

Contractor shall maintain programmatic services at following minimum levels:

#### 1. Program Design

Contractor shall provide outpatient services to support the mental health needs of local students. Contractor shall screen each youth for need for Intensive Care Coordination (ICC) and Intensive Home-Based Services (IHBS). Contractor's mental health services shall include assessment, evaluation, plan development, collateral, family engagement, individual and group therapy, individual and group rehabilitation, IHBS, and interactive complexity. Contractor's case management/brokerage services shall include ICC and linkage to IHBS when appropriate. Contractor shall provide crisis intervention. Contractor shall utilize family engagement strategies for all clients served within this program.

At each school site, Contractor may provide group therapy to clients as needed in addition to their primary clinical treatment or as their primary mode of treatment if clinically appropriate.

#### Additional Specifications

Program Design - Add Specs

### 2. Discharge Criteria and Process

Contractor shall not close cases due to the end of the school year. Each spring, Contractor shall work with clients and families to identify the need and plan for continued treatment services through Contractor's program over summer breaks and/or for the next school year.

#### **Additional Specifications**

Discharge Criteria and Proc - Add Specs

### 3. Hours of Operation

When school is in session, Contractor shall maintain staff five days a week at each school site, with SBBH services available between the hours of 8:00 a.m. and 5:00 p.m. Contractor may provide services as needed during non-school hours (i.e., evenings and weekends) without prior approval from ACBH. Contractor shall continue to provide and

<sup>&</sup>lt;sup>1</sup> Family engagement is an umbrella term that includes family therapy, collateral family therapy, collateral family groups, multifamily groups, collateral caregiver, and any other new codes specified by ACBH.

offer services year-round, including during periods when school is not in session, such as summer and winter breaks.

Hours of Operation - Add Specs

### 4. Service Delivery Sites

Contractor shall provide services at the following location(s):

Service Delivery Sites - Add Specs

Contractor shall also provide services in home and community settings where clients are located.

### **D.** Minimum Staffing Qualifications

Contractor shall maintain the below direct service staffing while school is in session,<sup>2,3</sup> and shall maintain appropriate staffing to provide continuity of care for clients when school is not in session:

### Minimum Staffing Qual - Add Specs

Contractor may shift staff between program sites within the same school district when a problem of low referrals is identified at one or more sites following the processes and limitations described in the ACBH School Based Health Programs Shift of Fund Request Information Sheet located at http://www.acbhcs.org/providers/network/cbos.htm.

If a program site has a clinical staff vacancy, Contractor shall immediately notify the school site administrator and ACBH Program Contract Manager, with a plan for meeting the staffing and clinical needs of the school site and a timeline for filling the vacant position.

#### IV. CONTRACT DELIVERABLES AND REQUIREMENTS

#### A. Process Objectives

Contractor shall maintain an average monthly caseload of 18 to 20 per 1.0 direct FTE Clinician, and Contractor shall serve a minimum of 25 unduplicated clients annually per site per 1.0 direct service FTE Clinician.<sup>4</sup> For program sites where treatment teams include mental health counselors in addition to a clinician, Contractor may serve additional clients per year

On an annual basis, Contractor shall deliver the following services/deliverables:

Process Objectives - Add Specs

<sup>&</sup>lt;sup>2</sup> The positions shall be maintained at the specified level or higher of direct FTE staff.

<sup>&</sup>lt;sup>3</sup> Clinician includes Licensed or Unlicensed Licensed Practitioner of the Healing Arts (LPHA) or Mental Health Graduate Trainee/Student.

<sup>&</sup>lt;sup>4</sup> During the COVID-19 emergency, Contractor shall maintain an average monthly caseload of 15 to 18 clients per 1.0 direct FTE Clinician, and shall serve 20-25 unduplicated clients annually per 1.0 direct FTE Clinician.

## **B.** Quality Objectives

Contractor shall provide services toward achieving the following quality objectives:

| Quality Measures  | <b>Quality Objectives</b> |
|---|---------------------------|
| Percent of clients who receive two or more visits within 30 days from their episode opening date  | 95%                       |
| Percent of clients who receive four or more visits within 60 days from their episode opening date | 95%                       |

# **Additional Specifications**

Quality Objectives - Add Specs

### C. Impact Objectives

Contractor shall work collaboratively with ACBH to develop performance measures around the impact of services.

## **Additional Specifications**

Impact Objectives - Add Specs

## V. REPORTING AND EVALUATION REQUIREMENTS

Contractor shall participate in all ACBH requested reporting and evaluations as needed.

# Additional Specifications

Reporting And Eval Req - Add Specs

### VI. ADDITIONAL REQUIREMENTS

No additional requirements related to program area.

# Additional Specifications

Additional Requirements - Add Specs