

**EXHIBIT A(Sub-Exhibit A)-SCOPE OF WORK (SOW):  
SHORT-TERM RESIDENTIAL THERAPEUTIC PROGRAM (STRTP)**

<b>Contractor Name</b>	Account NameContractor Legal Name
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*See Applicable Exhibit A Documents. Any additional specifications or variations in contracted service requirements applicable to this Exhibit A-SOW shall be contained herein.*

**I. PROGRAM NAME**

Short-Term Residential Therapeutic Program (STRTP)

<b>Additional Specifications</b>
Program Name - Add Specs

**II. CONTRACTED SERVICES**

Outpatient Services

- Mental Health Services
- Case Management/Brokerage
- Crisis Intervention
- Medication Support

Medi-Cal Requirements Apply

<b>Additional Specifications</b>
Contracted Services - Add Specs

**III. PROGRAM INFORMATION AND REQUIREMENTS**

**A. Program Goals**

Contractor shall provide services to help the clients and their families accomplish the following goals:

- i. Reduce psychiatric hospitalizations;
- ii. Assist clients in moving to a lower level of care;
- iii. Replace maladaptive behaviors with more appropriate behaviors;
- iv. Improve clients' ability to live at home and in their community;
- v. Improve each family's ability to support client mental health needs, manage challenging behaviors, and reduce mental health barriers to success;
- vi. Enhance the quality of client/family life and school/community functioning; and
- vii. Support the rapid and successful transition of the client back to community-based mental health care.

Katie A./Intensive Care Coordination (ICC) and Intensive Home-Based Services (IHBS)<sup>1</sup>  
Contractor shall provide ICC and IHBS to eligible clients, including those that qualify for these services through Katie A., to promote collaboration across systems toward establishing and implementing a comprehensive and individualized client care plan with each client and family.

<b>Additional Specifications</b> Program Goals - Add Specs
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## B. Target Population

### 1. Service Groups

Contractor shall provide services to youth who meet service necessity for Specialty Mental Health Services (SMHS) as defined by the California Department of Health Care Services (DHCS) and are:

- i. Dependents of the Court placed by Alameda County Social Services Agency (ACSSA) Department of Children and Family Services;
- ii. Wards of the Court placed by Alameda County Probation Department of Juvenile Services; or
- iii. Dependents/Wards of the Court from host county's Social Services or Probation Departments, and placed through AB 1299 Presumptive Transfer and AB 1051.

### Katie A./ICC and IHBS

Contractor shall provide Katie A. services to youth who meet the eligibility criteria as a member of the Katie A. subclass described in the settlement agreement in Katie A., et al., v. Diana Bonta, et al., Case No. CV-02-05662AHM[SHX]. Contractor also shall provide ICC and IHBS services to other eligible clients who have complex behavioral needs whose treatment requires cross-agency collaboration.

<b>Additional Specifications</b> Service Groups - Add Specs
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### 2. Referral Process to Program

Contractor shall only provide services to youth who have been referred by the agencies identified in this Exhibit A-SOW, Section III.B.1. Service Groups.

### Katie A./ICC and IHBS

Referrals for Katie A shall occur as follows:

- i. Youth are identified for Katie A. eligibility and may be referred by ACSSA and Social Services Agencies in other jurisdictions in cooperation with Alameda County Behavioral Health Department (ACBHD) and/or its contracted providers. Contractor shall also screen and may identify youth for Katie A. eligibility from its current programs and caseload.

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<sup>1</sup> Refer to ACBHD QA Manual and ACBHD Manual for Intensive Care Coordination (ICC) & Intensive Home Base Services (IHBS)-Katie A

ii. Referrals from Social Services Agencies will be assigned by the ACBHD Administrator or designee once eligibility is determined in collaboration with Contractor. Contractor shall submit the Katie A. Sub-Class Eligibility Tool document to the ACBHD designee for Katie A. eligible youth noting whether each youth accepts or declines to participate in ICC services.

Referrals for ICC may be made by other service providers including, but not limited to, mental health therapists and Probation Officers. Contractor shall submit an ICC referral form and supporting documents to the ACBHD Administrator or designee for tracking purposes and shall assign an ICC Coordinator within two weeks.

Referrals for IHBS shall be generated by the Child and Family Team (CFT) through an individualized client care plan and shall be submitted to the ACBHD Administrator or designee for authorization.

#### **Additional Specifications**

##### **Referral Process to Program - Add Specs**

### **3. Program Eligibility**

Contractor shall serve youth who:

- i. Have been ordered into out-of-home placement or referred by ACBHD as specified in this Exhibit A, Section III.B.1. Service Groups;
- ii. Have full-scope Medi-Cal;
- iii. Are 17 years of age or younger;
- iv. Meet criteria for placement as set forth in the latest STRTP regulations as detailed in the Admission Statement; and
- v. Have been approved to receive services by the Alameda County or authorizing county's Interagency Placement Review Committee (IPRC).

Contractor may serve Dependents of the Court who are 18 years of age or older if:

- i. The program is licensed to provide services to Non-Minor Dependents, and
- ii. There is a court order changing a youth's status to a Non-Minor Dependent or such change is in process.

#### **Katie A./ICC and IHBS**

Youth shall meet eligibility for Katie A./ICC and IHBS services as defined in Section III.B.1. Service Groups.

#### **Additional Specifications**

##### **Program Eligibility - Add Specs**

### **4. Limitations of Service**

#### **Katie A./ICC and IHBS**

Contractor shall comply with all service limitations for Katie A./ICC and IHBS services as specified by the ACBHD Administrator or designee and DHCS.

<b>Additional Specifications</b> Limitations of Service - Add Specs
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### C. Program Description

Contractor shall maintain programmatic services at or above the following minimum levels:

#### 1. Program Design

Contractor's clinicians shall be responsible for ensuring that each client receives the appropriate combination of mental health services, case management/brokerage, crisis intervention, and medication support according to the client's specific needs as indicated in the client's care plan. Contractor shall screen each youth for need for ICC and IHBS.

Contractor's mental health services shall include assessment, evaluation, plan development, collateral, family engagement,<sup>2</sup> peer support services, individual and group therapy, individual and group rehabilitation, IHBS, and interactive complexity. Contractor's case management/brokerage services shall include ICC and linkage to IHBS when appropriate. Contractor shall utilize family engagement strategies for all clients served within this program. Contractor shall provide a trauma-informed perspective, which shall include planned services to promote the client's healing from any history of trauma.

Contractor shall provide services towards meeting short and long term mental and behavioral health goals and treatment needs as identified by each client's care plan and ACBHD. Contractor shall ensure the availability of licensed nursing staff directly or through a nursing hotline.

If identified by the **client's** care plan, Contractor shall ensure **that** the following mental health treatment services are provided **either** directly or through linkage to other licensed agencies: day treatment intensive, day rehabilitation, psychiatric nursing, , and/or Wrap-around aftercare services. Contractor shall provide or arrange for the client to receive off-site services from other agencies as necessary to meet the client's needs.

Contractor shall provide services aligning with the latest timeline guidelines and requirements from DHCS and the California Department of Social Services (DSS) regarding STRTP regulations and ACBHD Quality Assurance policies. Contractor shall refer to DHCS and DSS STRTP regulations for additional guidance.

#### Katie A./ICC and IHBS

ICC services shall facilitate assessment of care planning and multi-agency coordination of services, including urgent services. ICC service components shall include assessment; service planning and implementation; monitoring and adapting of services; and transition.

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<sup>2</sup> Family engagement is an umbrella term that includes family therapy, collateral family therapy, collateral family groups, multi-family groups, collateral caregiver, and any other new codes specified by ACBHD.

For IHBS authorization, Contractor shall submit referral documentation to the ACBHD Administrator or designee initially and ongoing every six months. Contractor shall provide IHBS services within two weeks of authorization.

**Additional Specifications**

Program Design - Add Specs

**2. Discharge Criteria and Process**

Dependents of the Court

Contractor shall discharge clients as determined through the collaborative efforts of Contractor, the client's CFT, ACBHD, and ACSSA.

Wards of the Court

Contractor shall discharge clients as determined through the collaborative efforts of Contractor, the client's CFT, ACBHD, and Probation Department.

In the case of an emergency discharge (i.e., psychiatric hospitalization, removal of client by self or family, serious illness, etc.), Contractor shall contact and consult with the ACBHD Administrator or designee and representatives of other involved agencies as soon as possible.

**Additional Specifications**

Discharge Criteria and Proc - Add Specs

**3. Hours of Operation**

Contractor shall maintain the following hours of operation:

Hours of Operation - Add Specs

**4. Service Delivery Sites**

Contractor shall provide services at the following location(s):

Service Delivery Sites - Add Specs

Contractor shall have and maintain valid licensure as follows:

- i. California Department of Social Services Community Care License; and
- ii. California Department of Social Services STRTP License.

IHBS

IHBS shall be made available whenever needed, including evenings and weekends. IHBS shall be provided in any needed setting where the child/youth is naturally located, including the home (biological, foster or adoptive), schools, recreational settings, child care centers, and other community settings.

**D. Minimum Staffing Qualifications**

Contractor shall maintain staffing to meet the requirements of STRTP regulations and ACBHD Quality Assurance. Contractor shall notify the ACBHD STRTP Operational Lead or their designee of any staffing changes impacting services delivery.

<b>Additional Specifications</b>
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Minimum Staffing Qual - Add Specs
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## IV. CONTRACT DELIVERABLES AND REQUIREMENTS

### A. Process Objectives

On an annual basis, Contractor shall provide the services, as described in the Program Description, to eligible clients.

<b>Additional Specifications</b>
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Process Objectives - Add Specs
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### B. Quality Objectives

Contractor shall work collaboratively with ACBHD to develop performance measures around quality of care.

<b>Additional Specifications</b>
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Quality Objectives - Add Specs
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### C. Impact Objectives

No additional requirements.

<b>Additional Specifications</b>
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Impact Objectives - Add Specs
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## V. REPORTING AND EVALUATION REQUIREMENTS

Contractor shall report STRTP client placement information in an ACBHD-approved template at the time of invoicing.

### Katie A./ICC and IHBS

Contractor shall submit a monthly electronic survey to ACBHD Administrator or designee to report staffing, ICC/IHBS caseloads, and openings/closures, due the fifth business day of each month.

<b>Additional Specifications</b>
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Reporting And Eval Req - Add Specs
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## VI. ADDITIONAL REQUIREMENTS

Contractor shall ensure that all staff that provide and claim SMHS under this contract complete both of the following trainings, which are offered periodically by ACBHD Quality Assurance, prior to submitting claims for STRTP services:

- i. Alameda County's Medi-Cal Documentation Training (or virtual equivalent); and
- ii. Alameda County's Clinical Documentation for STRTP Contracted Service Providers (or virtual equivalent).

<b>Additional Specifications</b>
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Additional Requirements - Add Specs
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