



## The Drug Medi-Cal Organized Delivery System (DMC-ODS) Waiver Training Project presents: Motivational Interviewing 3-Day Training

### **Date:**

Wednesday November 29, 2017 to Friday December 1, 2017  
9:00am – 4:00pm (for all three days; Registration at 8:30am)

Tuesday December 5, 2017 to Thursday December 7, 2017  
9:00am – 4:00pm (for all three days; Registration at 8:30am)

### **Location (same for both sessions):**

1900 Embarcadero Cove Suite 100, Brooklyn Basin & Tilden Rooms, Oakland, CA 94606

### **Hosted by:**

Alameda County Behavioral Health Care Services

### **Who Should Participate?**

California Substance Use Disorder (SUD) Treatment/Contract Providers and SUD Drug Medi-Cal Organized Delivery System (DMC-ODS) RFI respondents.

### **Cost:**

This training is provided at no cost to participants

### **Description of Motivational Interviewing Training:**

Motivational Interviewing is a unique way to have a conversation with those who seek our help in making changes in their lives. MI is an Evidence-Based Practice (NREPP) which has shown to be effective with many people. In a 3-Day training, one may expect to learn the basics of MI and how to continue your practice; to understand the fundamental Spirit and processes of MI; strengthen one's empathetic listening skills, experience and practice an MI style for meeting discord/resistance; and to learn the fundamental client language that allows for continued client/consumer feedback and practice.

### **Learning Objectives**

1. What we mean by Spirit in Motivational Interviewing (MI)
2. The Stages of Change
3. The 4 Processes of MI
4. OARS including what we mean by reflective listening and how to do it in MI
5. The difference between Change Talk and Commitment Language
6. What is DARN-CAT
7. How and when to use MI

### About Dee-Dee Stout, MSW, CATC:

Dee-Dee Stout has undergraduate degrees in Psychology & Human Sexuality from San Francisco State University (SFSU) and earned her Special Major Master's degree in Health Counseling from SFSU. She is a member of the international Motivational Interviewing Network of Trainers (MINT), having received her training in MI in part from the developer, William R. Miller, PhD.

Dee-Dee has had extensive specialized training: Motivational Interviewing Supervisors' Training (MIST); Solution Focus Brief Therapy (SFBT); Relapse Prevention; Creative Inquiry; Stages of Change; Cognitive Behavioral Therapies (CBT); Seeking Safety; Community Reinforcement & Family Training (CRAFT); Harm Reduction Psychotherapy; Client-Directed, Outcome-Oriented work (CDOI, now FIT/PCOMS), and many more. Currently Adjunct Faculty at Holy Names University, Dee-Dee has also been on Faculty at CSU Monterey Bay, City College of San Francisco, San Francisco State University, UC Berkeley Extension, CSU East Bay, and the Northern California Training Academy at the University of California, Davis. Her areas of specialization include: curriculum development; substance use disorders/mental illness and treatment; public policy issues and addiction; trauma, addiction, and women; harm reduction in addiction treatment; queer issues in treatment and other health topics.

To date, Dee-Dee has performed more than 750 presentations on MI alone. She has made numerous appearances as an invited speaker at conferences – including internationally - and has been interviewed on television, radio, film, and in print, discussing treatment issues and more. She has also contributed to various books and scholarly papers on treatment, including trauma. Dee-Dee is well known for her wicked sense of humor and use of metaphor when discussing her take on Motivational Interviewing and other evidence-based practices. Her book, "Coming to Harm Reduction Kicking and Screaming: Looking for Harm Reduction in a 12-Step World" is widely available and has received positive reviews.

### To Register

Click this link to go to the registration site: <http://alameda.netkeepers.com>

### Questions?

Contact Marlisa Davis by email: [marlisa.davis@acgov.org](mailto:marlisa.davis@acgov.org) or by phone (510) 567-8104