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Director

DISCHARGE PLANNING AND AFTERCARE SUPPORT

GOOD COMMUNICATION = GOOD TREATMENT

Alameda County seeks to assist providers with determining the appropriate length of stay, with the coordination of hospital step down treatment, and with developing a plan of care for Alameda County MCP members.

MEMBER CHOICE & COORDINATION OF HOSPITAL STEP DOWN TREATMENT:

- Please talk with the member in your care to ask what their preferences are for treatment
- If they plan to return to Alameda County, it is critical that we begin the coordination of hospital step down treatment as early as possible.
- When no longer meeting acute hospitalization criteria, members should be stepped down to the appropriate lower level of care. In some cases, this may be directly to their home or other available support. When deemed appropriate this may include a non-acute residential treatment facility.
- If the hospital is within a reasonable distance of Alameda County, we have several types of non-acute residential treatment facilities our MHP members may apply for:
 - Adult Residential Treatment (ART) Facilities,
 - Crisis Residential Treatment (CRT) Facilities,
 - Substance Use Treatment Facilities,
 - Mental Health Rehabilitation Centers (MHRC), and
 - Skilled Nursing Facilities (SNF).

AUTHORIZATION OF ADMINISTRATIVE DAYS (A-DAYS):

- A hospital may claim for A-DAY services when an individual no longer meets medical necessity for acute psychiatric hospital services but is awaiting acceptance for placement at a non-acute residential treatment facility in a reasonable geographic area.
- To qualify for A-DAYS:
 - We must find at least one day of acuity during the stay.

- The hospital first makes a referral to all facilities within the appropriate type during each eligible 7-day period.
- For example, if Crisis Residential Treatment is the most appropriate and agreed upon plan, then there should be a referral to all 3 CRTs.
- Progress notes should, at minimum, contain the following information:
 - The status of the placement option,
 - date of contact
 - the signature of the person making the contact
- Examples of appropriate placement status options include but may not be limited to, the following:
 - The beneficiary's information packet is under review;
 - An interview with the beneficiary has been scheduled for [date];
 - No bed available at the non-acute treatment facility;
 - The beneficiary has been put on a wait list;
 - The beneficiary has been accepted and will be discharged to a facility on [date of discharge];
 - The patient has been rejected from a facility due to [reason]; and/or,
 - A conservator deems the facility inappropriate for placement.
- Outpatient treatment referrals may be made directly to:
 - Alameda County ACCESS: (800) 491-9099
 - [ACBH Outpatient MH Services Referral Form](#)
 - Members may have an existing contracted community treatment provider within Alameda County that may be included in their care coordination.
- SU Treatment referrals may be made by contacting Centerpoint. Please assist the member in contacting the Substance Use Treatment Referral Line directly at:
 - Centerpoint: 1(844)682-7215

- CRT referrals may be made directly to each facility:
 - [Alameda County Crisis Residential Treatment Referral Form](#). See CRT facilities listed below.

Name of facility and facility Type
Amber House Crisis Residential Treatment (CRT) Unlocked 516 31 st Street Oakland, CA 94609 Phone: 510.379.4394 Fax: 510.423-0792 Admission Contacts: Marjorie Tutor 510.379.4179; mtutor@bayareacs.org Hisham Doumi 510.379.4392; hdoumi@?bayareacs.org
Jay Mahler Recovery Center Crisis Residential Treatment (CRT) Unlocked 15430 Foothill Blvd, San Leandro CA 94578-FAX-(510)-357-3614 Admission Contacts: Molly Kanter 510-357-3562; mkanter@telecarecorp.com Mckenzie Borruso SWCLI Phone: 510-357-3562 mborruso@telecarecorp.com
Woodroe Place Crisis Residential Treatment (CRT) Unlocked 22505 Woodroe Ave Hayward CA 94541 Phone: 510.537.1688 FAX: 510.569.4589 Admission Contacts: Theresa Adeyemi 510-397-4394 Tadeyemi@bayareacs.org Shanice Kelley (510) 379-9719 Skelley@bayareacs.org Paul Sanger 510.394.5175 PSanger@bayareacs.org

To initiate an Mental Health Rehabilitation Center (MHRC) referral, you may contact the individuals that are listed below.

Name of facility and facility Type
Villa Fairmont (VF) MHRC Locked Facility Address: 15200 Foothill Blvd



San Leandro, CA 94578

Phone: 510.352.9690

Admission Contacts:

New Admissions Liaison:

Josephine Formoso

jformoso@telecarecorp.com

Tele-Admissions Liaison: Alicia Martinez

almartinez@telecarecorp.com