

**Co-Occurring Disorders (CODs) in Addiction:**

A 3 Part Workshop Series for Alameda SUD Providers presented by Rob Lee MD of Alameda BHCS

I am writing to invite interested staff at Alameda SUD Programs to a series of three workshops on Co-Occurring Disorders in Addiction that I will be giving one Friday per month beginning January 2016 at the AC-BHCS admin building, 2000 Embarcadero, 4<sup>th</sup> floor, in the Gail Steele Room. These talks should be useful to anyone who provides services to SUD clients who also have psychiatric problems.

Each of the three workshops will be **3 hours in length** and the dates/times are: **January 29/9:00pm-12:15pm, February 26/9:00am-12:15pm, March 25/9:00am-12:15pm**. The first quarter-hour will be for registration&logistics. The actual workshops will start promptly at 9:15am.

The first topic on January 29 will be The Brain in Addiction and the learning objectives will be to provide a review of what is known about the general structures and functions of the human brain; to explain current understanding of how the brain changes in substance addiction; and to explore theories of how the brain's mis-function contributes to psychiatric disorders.

The second workshop on February 26 will give a detailed presentation of the psychiatric disorders that commonly co-occur with addiction. The third and final workshop on March 25 will discuss treatment (especially medications) of CODs. The three workshops can be taken as a series, but each will also stand on its own and it is not necessary to take them all or to take them in order. Pre-registration is required and enrollment is open until filled. Please go to this link to register:

<http://alameda.netkeepers.com/TPOnline/TPOnline.dll/Home>

*Each of the 3 workshops meets the qualifications for 3 hours of continuing education credit for MFTs, LPCCs and/or LCSWs as required by the California Board of Behavioral Sciences, Provider Approval Number PCE 307, the California Board of Registered Nurses, BRN Provider Number 12040, the California Foundation for Advancement of Addiction Professionals (CFAAP), Provider Number 4C-04-604-0616; ACBHCS is approved by the California Psychological Association to provide continuing professional education for psychologists. ACBHCS maintains responsibility for this program and its content.*