



A Focused Conversation on the BHCS Wellness Recovery Resiliency Poster**

Directions: Take a few minutes to look at the Hub's logo. Reflect on the questions below, and answer them, one at a time. Share your thoughts in your small group. It OK to include what might be challenging.

1. *What do you notice first about the logo?*

✂ _____

✂ _____

✂ _____

2. *What does the logo remind you of - or make you think about?*

✂ _____

✂ _____

✂ _____

3. *How does the logo reflect your experience with wellness recovery and resiliency?*

✂ _____

✂ _____

✂ _____

4. *How might you use this logo to explain wellness recovery and resiliency to others?*

✂ _____

✂ _____

✂ _____

**** This logo was originally created as an original painting for the BHCS Wellness Recovery Resiliency Hub. Thank you to the Health and Human Resource Education Center for logo design and production**

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