

Date: _____

Code: _____

RECOVERY KNOWLEDGE INVENTORY

What is your understanding of the recovery process? Please rate the following items using the scale below:

	1	2	3	4	5
	Strongly Disagree	Disagree	Not Sure	Agree	Strongly Agree
1. The concept of recovery is equally relevant to all phases of treatment.	1	2	3	4	5
2. People receiving psychiatric/substance abuse treatment are unlikely to be able to decide their own treatment and rehabilitation goals.	1	2	3	4	5
3. All professionals should encourage clients to take risks in the pursuit of recovery.	1	2	3	4	5
4. Symptom management is the first step towards recovery from mental illness/substance abuse.	1	2	3	4	5
5. Not everyone is capable of actively participating in the recovery process.	1	2	3	4	5
6. People with mental illness/substance abuse should not be burdened with the responsibilities of everyday life.	1	2	3	4	5
7. Recovery in serious mental illness/substance abuse is achieved by following a prescribed set of procedures.	1	2	3	4	5
8. The pursuit of hobbies and leisure activities is important for recovery.	1	2	3	4	5
9. It is the responsibility of professionals to protect their clients against possible failures and disappointments.	1	2	3	4	5
10. Only people who are clinically stable should be involved in making decisions about their care.	1	2	3	4	5
11. Recovery is not as relevant for those who are actively psychotic or abusing substances.	1	2	3	4	5
12. Defining who one is, apart from his/her illness/condition, is an essential component of recovery.	1	2	3	4	5
13. It is often harmful to have too high of expectations for clients.	1	2	3	4	5
14. There is little that professionals can do to help a person recover if he/she is not ready to accept his/her illness/condition or need for treatment.	1	2	3	4	5
15. Recovery is characterized by a person making gradual steps forward without major steps back.	1	2	3	4	5
16. Symptom reduction is an essential component of recovery.	1	2	3	4	5
17. Expectations and hope for recovery should be adjusted according to the severity of a person's illness/condition.	1	2	3	4	5
18. The idea of recovery is most relevant for those people who have completed, or are close to completing, active treatment.	1	2	3	4	5
19. The more a person complies with treatment, the more likely he/she is to recover.	1	2	3	4	5
20. Other people who have a serious mental illness or are recovering from substance abuse can be as instrumental to a person's recovery as mental health professionals.	1	2	3	4	5