

Alameda County's New Integrated Mental Health/Substance Use Helpline Information Sessions

These sessions are for anyone who wants to learn more about Alameda County's new helpline. The content of each session will be the same.

**Tuesday, August 25, 2026
12:00-1:00 pm**

Sign on to learn about the helpline:

<https://us02web.zoom.us/j/88077079644>



**Tuesday, August 25, 2026
7:00-8:00 pm**

Sign on to learn about the helpline:

<https://us02web.zoom.us/j/82742397430>

The Alameda County Behavioral Health Department (ACBHD) is launching **one system-wide point of access for mental health (MH) and substance use (SU) information, screening and referral** on October 1, 2026. During these virtual information sessions, we will share details about the new helpline including what clients can expect. There will be time for questions.

We look forward to your participation!

If you would like to request interpretation or other accommodations to support your participation in these events, please contact officeofhealthequity@acgov.org by August 18, 2026.