

Stepping Out of COVID, and into the Current Political Climate: Impact on Asian Americans and their Mental Health

Thursday, June 11, 2026

10:30 a.m. – 12:30 p.m.

Course Description:

The COVID pandemic uncovered and exacerbated deep historic racial inequities and anti-Asian sentiments. As the world moved on from the pandemic, we find ourselves in current political climate that is characterized as anti-immigrant. Latest data from UCLA's California Health Interview Survey (CHIS) shows that Asian Americans continue to face high rates of hate incidents ranging from verbal harassment to physical attacks. Asian Americans, and those who were non-citizens, born outside of the U.S., and who spoke a language other than English were also found to be significantly more likely to have multiple forms of unmet needs including mental health support. This training will share strategies on how to support Asian American clients in navigating the current social and political landscape, and will offer resources for promoting emotional wellness and resilience during challenging times.

3 CEs, includes one-hour of preparatory reading and 2-hours of workshop time.
To fulfill an ACBHD sponsored virtual training for both attendance completion and/or CE credit, attendees must achieve a score of at least 70% on the post-test
(This is a Free training)



Michael S. Liao, MSW

Michael's career in social work has spanned various settings – including child welfare, domestic violence prevention, supervised visitation, mental health, and addictive disorder treatment and prevention. For the past 20+ years, Michael has been providing cultural responsiveness training on a wide range of topics such as cross-cultural communication, Asian American cultural issues, LGBTQ+identity, anti-racist practices, to name a few.



Click Here for **REQUIRED PRE-READING**

Measurable Learning Objectives

1. By the end of the training, participants will be able to... Name at least 2 factors that contribute to unmet mental health needs within the Asian American community
2. Identify at least 2 strategies to increase mental health access/ utilization among Asian Americans
3. Identify at least 2 resources for Asian American community resilience and wellness.

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Registration Information Contact: Paul Y. Moore, ONTRACK Program Resources: pymoore@getontrack.org

- Programming Information Contact: Dr. Clyde Lewis, Office of Ethnic Services Administrator: OfficeofEthnicServices@acgov.org
- For disability or reasonable accommodation requests, or a grievance about an ACBHD training, please contact the person listed on this flyer and cc the Training Unit at training.unit@acgov.org. Please make accommodation requests a minimum of five (5) business days prior to training in order to allow time to make arrangements.
- (FYI: accommodation policy is also on The Training Calendar INTRANet and Providers sites:
<https://acgovt.sharepoint.com/sites/BehavioralHealth/SitePages/Training.aspx#reasonable-accommodation-request>
- Provider's Site: <https://www.acbhcs.org/providers/training/calendar.htm>

Continuing Education (CE) credit is only provided for Alameda County and ACBHD contracted Provider staff. This course meets the qualifications for 3 hours of CE credit for LCSWs, LMFTs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care (ACBH) is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749; for **Addiction Professionals** by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP_EI), Provider No. 4C-04-604-0626; for **RNs** by the California Board of Registered Nurses, BRN Provider No. 12040. ACBHD maintains responsibility for this program/course and its content. Please note: to receive CE credit, it is the participant's responsibility to attend the full training, sign in and out, achieve a score of at least 70% on the post-test(s), and complete the evaluation. No partial credit can be given. CE Certificates will be emailed to qualifying participants within 30 days of the training.