

What happened to you? Trauma-Informed and Culturally-Responsive Clinical Practices

Thursday, June 4, 2026

10:30 a.m. – 12:30 p.m.

Course Description:

This training strengthens participants' ability to apply trauma-informed and trauma-responsive care across the full clinical workflow, from first contact through intervention, using a trauma-informed, equity-centered, and culturally responsive lens. The session will (1) review core principles of trauma-informed and trauma-responsive care and what they look like in real-world behavioral health settings; (2) walk through trauma assessment; and (3) highlight trauma-focused and trauma-responsive interventions, with attention to how clinicians can adapt practices to improve fit, engagement, and outcomes for diverse communities. Throughout the workshop, participants will apply concepts to a case vignette to practice translating principles into concrete decisions about engagement, assessment, formulation, and intervention planning.

**3 CEs, includes one-hour of preparatory reading and 2-hours of workshop time.
To fulfill an ACBHD sponsored virtual training for both attendance completion
and/or CE credit, attendees must achieve a score of at least 70% on the post-test
(This is a Free training)**



Ritchie Rubio PhD

As current Director of Practice Improvement and Analytics at the San Francisco Department of Public Health - Behavioral Health Services, I strengthen our system's efforts to integrate trauma-focused and culturally-responsive practices with primarily BIPOC clients. During the past 3 years, I have been developing curriculums and providing state, national, and international trainings on cultural and telehealth adaptations of clinical practices specifically trauma-informed and trauma-focused interventions. I am also an adjunct professor (formerly associate professor) at the counseling psychology programs of Pepperdine University, the University of San Francisco and The Wright Institute in Berkeley. Relevant to this training, I have taught courses such as Trauma and Crisis Counseling; and Developmental Psychology (with a Multicultural and Social Justice frame).

Click Here for **REQUIRED PRE-READING**

Measurable Learning Objectives

1. Apply at least two trauma-responsive principles to guide engagement and care planning.
2. Select two appropriate tools to assess trauma exposure and traumatic stress reactions.
3. Implement at least two trauma-focused and trauma-responsive intervention strategies, including one culturally responsive adaptation for diverse communities

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Registration Information Contact: Paul Y. Moore, ONTRACK Program Resources:
pymoore@getontrack.org

- Programming Information Contact: Dr. Clyde Lewis, Office of Ethnic Services Administrator: OfficeofEthnicServices@acgov.org
- For disability or reasonable accommodation requests, or a grievance about an ACBHD training, please contact the person listed on this flyer and cc the Training Unit at training.unit@acgov.org. Please make accommodation requests a minimum of five (5) business days prior to training in order to allow time to make arrangements.
- (FYI: accommodation policy is also on The Training Calendar INTRANet and Providers sites:
<https://acgovt.sharepoint.com/sites/BehavioralHealth/SitePages/Training.aspx#reasonable-accommodation-request>
- Provider's Site: <https://www.acbhcs.org/providers/training/calendar.htm>

Continuing Education (CE) credit is only provided for Alameda County and ACBHD contracted Provider staff. This course meets the qualifications for 3 hours of CE credit for LCSWs, LMFTs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care (ACBHD) is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749; for **Addiction Professionals** by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP_EI), Provider No. 4C-04-604-0626; for **RNs** by the California Board of Registered Nurses, BRN Provider No. 12040. ACBHD maintains responsibility for this program/course and its content. Please note: to receive CE credit, it is the participant's responsibility to attend the full training, sign in and out, achieve a score of at least 70% on the post-test(s), and complete the evaluation. No partial credit can be given. CE Certificates will be emailed to qualifying participants within 30 days of the training.