

YOU'RE INVITED TO THIS VIRTUAL

*Training*

# FOUNDATIONS OF TRAUMA INFORMED CARE: CULTURE COUNTS!

Trauma is universal, but how it's carried, expressed, and healed is shaped by culture. This training lays the groundwork for trauma informed care that centers safety, trust, choice, collaboration, and empowerment while honoring each client's cultural beliefs, healing traditions, language, and health literacy. Because care that overlooks culture can re-injure; care that embraces it can restore.

By the end of this session, participants will be able to:

Practice establishing safety and trust through a welcoming conversation at an initial client visit — the foundation of every trauma informed relationship.

Identify two traditional cultural healing practices now embraced within Western medicine, recognizing the wisdom clients bring to their own care.

Name four or more universal human needs that connect us across cultures and ground our work in shared humanity.

**JUNE 9, 2026**

**10:30AM - 12:30PM PST**

**VIRTUAL**

**REGISTER  
HERE**



SCAN ME



PRESENTED BY:



FACILITATED BY  
**GABRIELA GRANT**

CERTIFICATES OF PARTICIPATION ARE PROVIDED