



# Rising Strong



## TRANSFORMING PAIN INTO RESILIENCE IN ADDICTION RECOVERY

Free Virtual Event | Tuesday, April 21, 2026 | 11:00 AM - 12:30 PM PST

### About this Webinar:

This engaging webinar focuses on fostering resilience in individuals affected by addiction and trauma. Attendees will explore transformative strategies for shifting from pain to empowerment to support the community.

By understanding the connection between trauma and addiction, participants will learn how to rebuild their clients' lives and emerge stronger. The session will include practical exercises designed to foster resilience and sustain long-term recovery.

### Register:



### Speakers:



**DR. AMANDA GOODSON**  
PRESIDENT & CEO  
AGG, LLC



**DESIREE COOK**  
FOUNDER & CEO  
I AM YOU 360



**DR. ARTHUR W. TIGNEY, JR.**  
LICENSED PROFESSIONAL COUNSELOR  
CEO, ATIGNEY SOLUTIONS

### Contact Us:

AMANDAGOODSONGLOBAL@GMAIL.COM

Meeting ID: 835 8342 4764 Password: 601650



**Behavioral Health  
Department**  
Alameda County Health



ALAMEDA COUNTY BEHAVIORAL HEALTH  
**COMMUNITY BASED LEARNING**

Training Program



HHREC  
HEALTH & HUMAN RESOURCE  
EDUCATION CENTER