



Alameda County Behavioral Health Department Office of Health Equity presents

GRIEVING & HEALING GATHERING

A space to practice and be in Community

The Grieving & Healing Gathering is a collaborative, community-rooted space centered on collective care, cultural healing, and community voice.

Through workshops, our healers will lead us through storytelling, movement, and sound healing. We aim to honor grief, celebrate resilience, and co-create pathways to wellness for all—reflecting the vibrant diversity of Alameda County.

DETAILS

Friday, February 13, 2026
9:00AM – 3:30PM

Oakland Asian Cultural Center
388 Ninth Street Oakland,
California 94607

Register Here

HARPIST SOUND HEALER



DESTINY MUHAMMAD in the spirit of healing and restoration through music

HEALERS



BRIANA MOORE, MSW
Stress Management and Trauma Coach



MICHELLE "MUSH" LEE
Nationally Recognized Poet & Cultural Strategist



GREGORY HODGE
Social Change Activist
Khepera Consulting

BATUL TRUE HEART
Traditional Medicine Practitioner
Community Herbalist, Grief & Death Companion

This event is free and lunch provided for registered attendees

For more information, please visit www.acbhcs.org or e-mail CommunityRelations@acgov.org.