



# Behavioral Health Department

Alameda County Health



Alameda County Behavioral Health Department Office of Health Equity presents

## GRIEVING & HEALING GATHERING

*A space to practice and be in Community*

The Grieving & Healing Gathering is a collaborative, community-rooted space centered on collective care, cultural healing, and community voice.

Through workshops, our healers will lead us through storytelling, movement, and sound healing. We aim to honor grief, celebrate resilience, and co-create pathways to wellness for all—reflecting the vibrant diversity of Alameda County.

### DETAILS

**Friday, February 13, 2026**

**9:00AM – 3:30PM**

**Oakland Asian Cultural Center**

**388 Ninth Street**

**Oakland, California 94607**

**[Register Here](#)**

### HARPIST SOUND HEALER



**DESTINY MUHAMMAD** in the spirit of healing and restoration through music

### HEALERS



**BRIANA MOORE, MSW**  
Stress Management and  
Trauma Coach



**MICHELLE "MUSH" LEE**  
Nationally Recognized Poet &  
Cultural Strategist



**GREGORY HODGE**  
Social Change Activist  
Khepera Consulting



**J. PHOENIX SMITH, MSW**  
Founder: The Alliance for  
Ecotherapy & Social Justice

For more information, please visit [www.acbhcs.org](http://www.acbhcs.org) or e-mail [CommunityRelations@acgov.org](mailto:CommunityRelations@acgov.org).