

FROM STIGMA TO STRENGTH

Overcoming Generational Trauma, Mapping the Way Forward for Black Wellness

Join us for a Black History Month celebration featuring community storytelling, panel discussions, and resources to support Black wellness.

**FEBRUARY 20,
2026**

10:00 AM - 3:00 PM

EVENT LOCATION

 1100 San Leandro Blvd.,
San Leandro, CA (Creekside) -
Redwood Conference Room

WHAT TO EXPECT

- Community voices and lived experience storytelling
- Live entertainment
- Food and refreshments
- Resource tables and community partner materials
- Panel discussions



Shakirah Simley
Keynote Speaker



Register today:
www.surveymonkey.com/r/KKLTf32

Office of Ethnic Services
Health Equity Division