

# FROM STIGMA TO STRENGTH

*Overcoming Generational Trauma, Mapping the Way Forward for Black Wellness*

Join us for a Black History Month celebration featuring community storytelling, panel discussions, and resources to support Black wellness.

**FEBRUARY 20,  
2026**

**10:00 AM - 3:00 PM**

## EVENT LOCATION

 1100 San Leandro Blvd.,  
San Leandro, CA (Creekside) -  
Redwood Conference Room

### WHAT TO EXPECT

- ▶ Community voices and lived experience storytelling
- ▶ Live entertainment
- ▶ Food and refreshments
- ▶ Resource tables and community partner materials
- ▶ Panel discussions



Register today:  
[www.surveymonkey.com/r/KKLTf32](http://www.surveymonkey.com/r/KKLTf32)

Office of Ethnic Services  
Health Equity Division

