

FROM STIGMA TO STRENGTH

Overcoming Generational Trauma, Mapping the Way Forward for Black Wellness

Join us for a Black History Month celebration featuring community storytelling, panel discussions, and resources to support Black wellness.

**FEBRUARY 20,
2026**

10:00 AM - 3:00 PM

EVENT LOCATION

📍 1100 San Leandro Blvd.,
San Leandro, CA (Creekside) -
Redwood Conference Room

WHAT TO EXPECT

- ▶ Community voices and lived experience storytelling
- ▶ Live entertainment
- ▶ Food and refreshments
- ▶ Resource tables and community partner materials
- ▶ Panel discussions



Shakirah Simley
Keynote Speaker



Destiny Muhamad
Harpist



Tyson Amir
Poet



Register today:
www.surveymonkey.com/r/KKLTF32

Office of Ethnic Services
Health Equity Division

