



AFRICAN AMERICAN TECHNICAL ASSISTANCE & TRAINING PROGRAM

Engaging African American Men in Mental Healthcare

COURSE DESCRIPTION:

Engaging African American men in mental healthcare comes with unique challenges that are shaped by stigma, mistrust, trauma, racialized masculinity, and limited access to culturally responsive care. Recent research has highlighted the impact of these barriers on help-seeking, treatment engagement, and overall mental health outcomes among African American men (Adams et al., 2026; Cofield, 2025; Gere & Salimi, 2025; Major et al., 2025; Roberts et al., 2025; VanHook, 2025). This training will explore the factors that may make engagement in mental health services difficult, while helping participants better understand how social, cultural, and systemic influences affect treatment participation. With a focus on practical intervention strategies, culturally responsive engagement, and group discussion, this training encourages participants to identify approaches that strengthen rapport, increase trust, and improve service utilization among African American men. Additionally, attention will be given to the ways providers and systems may unintentionally contribute to disconnection, as well as how professionals can adapt their own practices to better meet the needs of this population. Through an interactive discussion of current literature and clinical application, emphasis will be placed on building more effective, affirming, and accessible pathways to mental health care for African American men.

TARGET AUDIENCE:

ACBHD Staff, Contracted Community Based Organizations, and Mental Health and SUD Providers.

MEASURABLE LEARNING OBJECTIVES:

- **Identify** four barriers to engaging African American men in mental health treatment.
- **Explain** three ways racialized masculinity, race-based stress, and trauma influence treatment engagement.
- **Identify** four culturally responsive practices that support trust and therapeutic connection.
- **Apply** three engagement strategies to improve outreach, rapport, and retention in care.

**FRIDAY
MAY 22, 2026
9:00AM to 1:30PM**

3.5 HOURS CE CREDIT

To complete an ACBHD sponsored virtual training, attendees must achieve a score of at least 70% on the post-test

Sponsor & Partner:



ABOUT THE PRESENTER

Darius Campinha-Bacote, PsyD. HSP

is a licensed psychologist who received his BA in Psychology, double minoring in Social work and Women's Studies from the University of Dayton, and both his master's (PsyM) and doctorate (PsyD) from Wright State University School of Professional Psychology (SOPP). He is also credentialed as a Health Service Psychologist (HSP) and is a Certified Trauma Therapist in Trauma-Focused Cognitive Behavioral Therapy (TF-CBT).

REGISTER HERE

***Zoom link will be sent after registration**

If you have a reasonable accommodation request, or grievance regarding an AATA training, please email at:

customerservice@pathwaystowellness.net

For assistance with registration & other inquiries:

aata@pathwaystowellness.net

<https://aata.pathwaystowellness.net/>