



AFRICAN AMERICAN TECHNICAL ASSISTANCE & TRAINING PROGRAM



Beyond Trauma-Aware: Trauma-Informed Care, Community ACE's and Post-Traumatic Growth

COURSE DESCRIPTION:

This webinar expands Trauma-Informed Care (TIC) beyond “trauma-aware” practice by considering: (1) how trauma and chronic stress shape mind-body functioning and clinical presentation; (2) the “Pair of ACEs” lens, including Adverse Community Experiences that disproportionately affect African-American communities; (3) the critical role of protective factors including PCEs (positive childhood experiences) and community strengths that can be hidden by implicit bias; and (4) practical TIC-informed clinical actions that reduce retraumatization and support regulation, connection, and hope. The course concludes by introducing the possibilities for some clients to achieve post-traumatic growth as part of their recovery journeys.

TARGET AUDIENCE:

ACBHD Staff, Contracted Community Based Organizations, and Mental Health and SUD Providers.

MEASURABLE LEARNING OBJECTIVES:

- ▶ Identify 4 common trauma response patterns
- ▶ Identify 1 way the Pair of ACEs contributes to trauma experiences.
- ▶ List 4 practical clinical strategies that can counter trauma impacts in-session
- ▶ List 3 conditions that could support post-traumatic growth



ABOUT THE PRESENTER

Dr. DeQuincy Lezine, PhD.

holds a Ph.D. in Clinical Psychology from UCLA. He is the Director of the Lived Experience Academy which focuses on suicide prevention, mental health promotion, and specifically on topics related to post-traumatic growth. Dr. Lezine has been an invited consultant on crisis intervention and response with attention to trauma-informed principles for NIMH, SAMHSA, and the National Suicide Prevention Lifeline, among other organizations.

REGISTER HERE

***Zoom link will be sent after registration**

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**FRIDAY
MAY 8, 2026
9:00AM to 1:30PM
3.5 HOURS CE CREDIT**

To complete an ACBHD sponsored virtual training, attendees must achieve a score of at least 70% on the post-test

Sponsor & Partner:



Continuing Education (CE) credit is only provided for Alameda County and ACBHD contracted Provider staff. This course meets the qualifications for 3.5 hours of CE credit for LCSWs, LMFTs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care (ACBHD) is approved by the California Assoc of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749; for Addiction Professionals by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP_EI), Provider No. 4C-04-604-0626; for RNs by the California Board of Registered Nurses, BRN Provider No. 12040; and for Psychologists as an approved provider by the California Psychological Assoc., Provider No. ALA006. ACBHD maintains responsibility for this program/course and its content. Please note: to receive CE credit, it is the participant's responsibility to attend the full training, sign in and out, achieve a score of at least 70% on the post-test(s), and complete the evaluation. No partial credit can be given. CE Certificates will be emailed to qualifying participants within 30 days of the training.