Alameda County Behavioral Health is pleased to offer a FREE training:

Youth-Focused Suicide Assessment and Intervention

Part 1: June 16, 2026 (Tues.)
Part 2: June 17, 2026 (Wed.)
9 am – 12:30 pm (both days)
Must attend both days for Continuing Education Credit
Location: Online via Zoom
(webinar link to be emailed to registered participants by CSS)

Audience: Mental health professionals who work with children, adolescents, or TAY. Target organizations are Alameda County Behavioral Health, community-based organizations (CBOs) and ACBH's *contracted* Providers.

Trainer: Cris Rita, MA, is the Community Education Manager for Adult Programming at Crisis Support Services of Alameda County (CSS). She provides a variety of trainings throughout Alameda County and has been engaged in the suicide prevention community for over 20 years.

Description: This workshop will cover suicide statistics, trauma, risk factors, and warning signs in youth populations. Thomas Joiner's Theory of Suicide will be explored as it relates to youth. Screening tools, youth-focused risk assessment, and how to engage with a young person who may be suicidal are included in the training. Emphasis will be on how lethal means restriction and safety planning can help reduce suicide behaviors in youth.

Learning Objectives – *by the end of the training, participants will be able to*:

1. Demonstrate competency in speaking about suicide with children, adolescents, and TAY.
2. Ask the five (5) basic questions to determine suicide risk.
3. Identify two (2) youth suicide risk factors in diverse communities.
4. Identify five (5) youth suicide risk factors.
5. Identify the five (5) most common warning signs that indicate suicide risk.
6. Identify three (3) protective factors.
7. Identify the factors of safety planning and means-restriction for suicidal youth.

To earn CE credit: *it is the participant's responsibility to (1) attend the full training, (2) complete an evaluation, and (3) complete a post-test with a passing score of at least 70%.*

For a reasonable accommodation request, or grievance regarding an ACBH training, please contact the Training Unit at Training.Unit@acgov.org.

REGISTRATION:
Pre-registration required. Click:
https://us06web.zoom.us/meeting/register/WU8o57AiRlyf6JARVXJ1Qw

For questions, contact:
Cristina Rita
crita@crisissupport.org

When emailing, include training Date and Title in Subject Line.

Continuing Education
CE credit is ONLY provided for County and ACBH contracted Provider staff.
*This course meets the qualifications for **6 hours** of continuing education credit for **LMFTs, LCSWs, LPCCs, and/or LEPs** as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care Services is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749; for **Addiction Professionals** by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP_EI), Provider No. 4C-04-604-0626; for **RNs** by the California Board of Registered Nurses, BRN Provider No. 12040; and for **Psychologists** as an approved provider by the California Psychological Assoc., Provider No. ALA006. ACBHCS maintains responsibility for this program/course and its content.*

CE Certificates will be sent to qualifying participants via email within 30 days after training.

CRISIS SUPPORT SERVICES of Alameda County

Behavioral Health Department
Alameda County Health