

Trauma-Informed Care for the Latine/LatinX Community: A Cultural Integration Approach for Behavioral Healthcare Workers

With *Jeanette Lopez-Urbina, LCSW* | Monday, March 23rd

A FREE training presented by Alameda County Behavioral Health Department and A Better Way

Course Objectives

- 1.) Describe the trauma informed framework and its six principles.
- 2.) Identify three common layers of trauma experienced by Latine/LatinX migrants and describe their potential impact on youth and families.
- 3.) Practice applying the six principles of trauma informed care to alleviate the impact from trauma experiences through worksheets, a client vignette, and group discussions.
- 4.) Identify at least two common traumatic stressors experienced by Latine/LatinX clients and two new trauma-informed tools that can be applied to their care to promote healing.

This course will offer a comprehensive overview of trauma informed care and its core principles. Participants will explore the practical application of this framework as well as how to integrate cultural responsiveness to this approach, specifically for the Latine/LatinX community. The Latine/LatinX community often experiences unique traumatic stressors, such as immigration trauma, systemic discrimination, sociopolitical instability in their country of origin, etc., therefore, making the importance of being a trauma informed provider essential.

Through this framework, providers will learn to approach Latine/LatinX clients in a manner that is culturally responsive, reduces revictimization of trauma, and promotes long-term healing.

Audience: Alameda County Behavioral Health Department (ACBH) clinical staff and contracted CBO providers are welcome. Capacity is limited. Open until filled.

Jeanette Lopez-Urbina, LCSW has worked in the mental health/social services field for over 18 years. She has worked in various settings in Northern and Southern California, including residential and community-based services, through services such as Wraparound, therapy and violence prevention work. Jeanette has worked extensively with youth and families, especially in the area of trauma, including supporting youth and families in specialized services that address gang involvement, sexual exploitation, immigration trauma, and issues related oppression, racism, and acculturation issues. Jeanette is a bilingual Salvadoran-American professional who enjoys practicing from a social justice, relational, and psychodynamic approach. She currently holds a Private Practice in Berkeley and is a Clinical Supervisor.



Monday, March 23rd | Presented on Zoom

10:00am-2:00pm | Online Waiting Room Opens at 9:45am

Online Course | Zoom link sent 2 days before course

3 CEs available for: LCSW, LMFT, LEP, LPCC, PsyD, PhD, RN, Certified Peer Specialists, and CADC

Private code to register:

eb1wyl

TO REGISTER

Click below to sign up & register:

<https://training.abetterwayinc.net/courses/8279>

A Better Way is approved by the California Association of Marriage and Family Therapists (CAMFT) to sponsor 3 Continuing Education for LCSW, LMFT, LPCC, LEP (62361), and the California Psychological Association (CPA) to sponsor 3 Continuing Education for PhD, PsyD (ABE010). The California Board of Behavioral Sciences (BBS) recognizes CAMFT and CPA Continuing Education credit for license renewal. A Better Way maintains responsibility for this program and its content. Attendees must attend entire course for CE credit. Alameda County Behavioral Health Department is approved to sponsor CE credit for Certified Peer Specialists, Addiction Professionals, and RNs. This course meets the qualifications for 3 hours of CE credit for Addiction Professionals by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP_EI), Provider No. 4C-04-604-0626; and for RNs by the California Board of Registered Nurses, BRN Provider No. 12040. ACBHCS maintains responsibility for this program/course and its content.

For accommodations or grievances, contact: Trainings@abetterwayinc.net | (510) 913-1326