

Alameda County Behavioral Health Department is pleased to offer a **FREE** training:

## ***Suicide Assessment and Intervention*** ***Youth Focused*** (two-day, online training)

**Part 1: Tues. August 26, 2025**

**Part 2: Thurs. August 28, 2025**

**Time: 9:00 - 12:30pm (both days)**

*Must attend both days to complete the training and earn CEs*

**Location:** Online via ZOOM

*(webinar link to be emailed to registered participants a few days before training)*

**Audience:** Mental health professionals or anyone in a position to work with children adolescents, and transition-aged youth (TAY) who may be experiencing a suicidal crisis. This training is reserved for Alameda County Behavioral Health, contracted Provider Staff and contracted CBOs.

**Description:** The training addresses common myths and perceptions about suicidal behavior. The workshop will also cover suicide statistics, trauma, and suicide theory with an emphasis on Thomas Joiner's model. Risk factors, warning signs, and protective factors will be introduced for youth populations. Participants will learn methods of suicide risk assessment and will be introduced to screening tools that aid in determining risk. Methods for how to talk about and ask about suicide with a client will also be addressed. A combination of teaching methods, including didactic work, lecture, and discussion will be used.

**Trainer:** Cris Rita, MA, is the Community Education Coordinator & Lead Instructor at Crisis Support Services of Alameda County (CSS).. She provides suicide and related mental health education to all members of the Alameda County community. Positions held include: 24-Hr Crisis Line Volunteer Trainer, 24-Hr Crisis Line Overnight Supervisor, 24-Hr Crisis Line Shift Supervisor, Teens for Life Health Educator.

**Learning Objectives** – *by the end of the training, participants will be able to:*

1. Demonstrate competence in speaking about suicidal thoughts, behaviors and feelings to potentially suicidal children/adolescents by asking 5 basic questions to determine suicidality.
2. Identify 2 suicide risk factors behavior that may differ in diverse communities by reviewing current research and statistics.
3. Identify 5 risk factors in identifying suicide risk in children and adolescents.
4. Identify the 5 most common warning signs for children and adolescents.
5. Identify 3 protective factors for both children and adolescents.
6. Identify the 4 domains of suicide risk assessment.
7. Review 3 assessment screening tools.
8. Demonstrate competence in using lethal means counseling with client and family or caregivers through 4 collaborative steps.
9. Reduce suicide risk by listing the 6 steps to develop a Safety Plan.
10. Help clinicians learn how to support others and themselves if they lose a client to suicide in 4 supportive ways.

*For reasonable accommodation request, or grievance regarding an ACBH training, contact the Training Unit at [Training.Unit@acgov.org](mailto:Training.Unit@acgov.org), or (510) 567-8113.*



**Behavioral Health  
Department**  
Alameda County Health

### **REGISTRATION:**

Registration required. Please

**Register here**

[https://www.surveymonkey.com/r/Aug2025REG\\_YouthSuicideAssessment](https://www.surveymonkey.com/r/Aug2025REG_YouthSuicideAssessment)

*Link will remain open until filled.  
Please only register once.*

For registration help contact:

**[Training.Unit@acgov.org](mailto:Training.Unit@acgov.org)**

*When emailing, include training  
Date and Title in Subject Line.*

### **Continuing Education**

*Continuing Education (CE) credit is only provided for County and ACBH contracted Provider staff.*

*This two part course meets qualifications for 6 hours of CE credit for **LMFTs, LCSWs, LPCCs, and/or LEPs** as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care Services (ACBHCS) is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749; for **Addiction Professionals** by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP\_EI), Provider No. 4C-04-604-0626; for **RNs** by the California Board of Registered Nurses, BRN Provider No. 12040; and for **Psychologists** as an approved provider by the California Psychological Assoc., Provider No. ALA006.*

***Please note: to receive CE credit, it is the participant's responsibility to attend the full training, achieve a score of at least 70% on post-test EACH Day, and complete the evaluation at the end of day 2.***

*CE Certificates will be emailed to qualifying participants within 30 days after the training.*

**To complete an ACBH sponsored virtual training ALL attendees must achieve a score of at least 70% on the post-test(s).**