

Vaping Trends and Treatment

Friday, August 1, 2025, 12:00 pm – 1:00 pm PT

Trainer: Linnea Ubaldo

Description: This training will cover the basics of electronic nicotine delivery systems (ENDS), often called e-cigarettes or vapes. We will address the current landscape of ENDS use, including use among youth and young adults and former smokers. We will discuss the federal actions taken to regulate ENDS and the available research regarding the harms of ENDS use and their use for nicotine replacement therapy. We will also cover the limited evidence-based guidelines for treatment for individuals who use ENDS.

Who Should Attend: This training is designed for administrative and clinical staff of Alameda County Public Health Department-contracted provider organizations and Alameda County Behavioral Health (ACBH)-contracted substance use treatment and mental health programs.

Measurable Learning Objectives

- Name two (2) risks of ENDS use
- Name one (1) federal action regarding ENDS
- Name the four (4) Nicotine Replacement Therapy products approved by the FDA to treat tobacco use disorder
- Identify (1) resource available to patients who use ENDS

Registration required, Zoom link sent upon registration • **Register [online](#)**
Questions? Contact us at tobaccotreatment@lifelongmedical.org

This training is sponsored by Alameda County Behavioral Health in contract with LifeLong Medical Care's Tobacco Treatment Training Program, located EBCRP. CE credit is provided by LifeLong Medical Care.

If you have any questions or need to request accommodations for disabilities, please contact tobaccotreatment@lifelongmedical.org.

For grievance information, including filing a grievance or to receive a copy of the grievance policy, please contact tobaccotreatment@lifelongmedical.org.

Course Completion certificates will be awarded by email for those that submit a post-test/ evaluation form and are provided within one week of receipt of the form.

Course meets the qualifications for **1.0 hour of continuing education credit** for **LMFT's, LCSW's, LPCC's, LEP's, and SUD Counseling Staff** as required by the California Board of Behavioral Sciences and by the California Consortium of Addiction Programs and Professionals (CCAPP).

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