

Tobacco Treatment Specialist Supplemental Youth and Tobacco Module

September 26, 2025 12:30PM – 4:00PM PT

Trainer: Dr. Tara Leiker, Program Manager, Tobacco Treatment Training Program and Linnea Rivano Barros, Program Coordinator

Description: This training focuses on special considerations for youth and tobacco. It is a supplemental module to the UMass Tobacco Treatment Specialist training. During this training, participants will gain an overview of factors that contribute to youth tobacco use, relevant statistics, preferred products and nicotine content, marketing by Big Tobacco specifically targeting youth, and common misperceptions. The training will also provide compelling information regarding stress and youth and trauma, youth, and tobacco. Additionally, participants will gain the knowledge and know-how to initiate conversations with youth regarding tobacco use, understand special considerations for treating youth for tobacco use disorder, and the best treatment practices to use.

Who Should Attend: This training is for participants of the September 2025 Tobacco Treatment Specialist Training hosted by LifeLong Medical Care in collaboration with University of Massachusetts Medical School.

Measurable Learning Objectives

- ☐ Describe (2) two special considerations to give when assessing and treating youth who are using tobacco products.
- ☐ List (3) three factors that contribute to youth tobacco use.
- ☐ List (2) two preferred tobacco products by youth and their nicotine content.
- ☐ Name (3) three examples of how stress impacts youth tobacco use.
- ☐ Describe (2) ways youth tobacco use and trauma intersect.
- ☐ Identify (3) components of effectively communicating with youth around tobacco use.
- ☐ Name (2) two examples of a special consideration in treating youth with tobacco use disorder.
- ☐ Describe (1) one way to effectively utilize nicotine replacement therapy and pharmacological support for youth clients.
- ☐ Identify (1) one local, (1) one state, and (1) one national resource for youth who use tobacco.
- ☐ Identify (1) one local, (1) one state, and (1) one national resource for providers who assess and treat youth who use tobacco.

Registration required, Zoom link sent upon
registration • **Register online**
Questions? Contact us at
tobaccotreatment@lifelongmedical.org

This training is sponsored by Alameda County Behavioral Health in contract with LifeLong Medical Care's Tobacco Treatment Training Program, located EBCRP. CE credit is provided by LifeLong Medical Care.

If you have any questions or need to request accommodations for disabilities, please contact tobaccotreatment@lifelongmedical.org.

For grievance information, including filing a grievance or to receive a copy of the grievance policy, please contact tobaccotreatment@lifelongmedical.org.

Course Completion certificates will be awarded by email for those that submit a post-test/ evaluation form and are provided within one week of receipt of the form.

Course meets the qualifications for **3.0 hours of continuing education credit** for LMFT's, LCSW's, LPCC's, LEP's, and SUD Counseling Staff as required by the California Board of Behavioral Sciences and by the California Consortium of Addiction Programs and Professionals (CCAPP).

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