

Implementing a Peer-Led Healthy Living Recovery Support Group

Friday, March 7, 12:00PM – 1:00PM PT

Trainer: Dr. Tara Leiker, Program Manager, Tobacco Treatment Training Program

Description: This 1-hour brown bag training session will focus on how to implement a peer-led healthy living recovery support group. Although the main purpose is to address recovery of tobacco use, the information provided will be transferrable to other substance use, as well. Participants will understand how to develop and facilitate a peer-led recovery support group while gaining peer interest and support. Furthermore, participants will learn the specific steps to implementing a peer-led recovery support group.

Who Should Attend: This training is designed for administrative and/or clinical staff of Alameda County Public Health Department-contracted provider organizations and Alameda County Behavioral Health-contracted substance use treatment and mental health programs, but all are welcome to attend.

Measurable Learning Objectives

- Describe two (2) ways to successfully implement a peer-led tobacco recovery group.
- Describe one (1) way the group model could be transferred to other substances.
- List two (2) essential components of developing a peer-led tobacco recovery group.
- Name two (2) components of facilitating the set-up of a peer-led group.
- Explain three (3) skills to use to effectively gain interest and support from peers to create and lead a peer-led group.
- List three (3) specific steps to implementing a peer-led recovery group.

Registration required, Zoom link sent upon registration • **Register [online](#)**

Questions? Contact us at tobaccotreatment@lifelongmedical.org

This training is sponsored by Alameda County Behavioral Health in contract with LifeLong Medical Care's Tobacco Treatment Training Program, located EBCRP. CE credit is provided by LifeLong Medical Care.

If you have any questions or need to request accommodations for disabilities, please contact tobaccotreatment@lifelongmedical.org.

For grievance information, including filing a grievance or to receive a copy of the grievance policy, please contact tobaccotreatment@lifelongmedical.org.

Course Completion certificates will be awarded by email for those that submit a post-test/ evaluation form and are provided within one week of receipt of the form.

Course meets the qualifications for **1.0 hour of continuing education credit** for **LMFT's, LCSW's, LPCC's, LEP's, and SUD Counseling Staff** as required by the California Board of Behavioral Sciences and by the California Consortium of Addiction Programs and Professionals (CCAPP).

LIFELONG MEDICAL CARE (PROVIDER #128513) IS APPROVED BY THE CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS TO SPONSOR CONTINUING EDUCATION FOR LMFT'S, LCSW'S, LPCC'S AND LEP'S. LIFELONG MEDICAL CARE MAINTAINS RESPONSIBILITY FOR THE PROGRAM AND ALL ITS CONTENT.

