

Promotion of Latinx Fortalezas: A strengths based, anti-racist, and Intersectional Approach

Thursday, November 6, 2025

10:00 a.m. – 12:00 p.m.

Course Description:

Latinx communities have been historically discriminated against and marginalized within the United States. This has inherently created health and educational inequalities for Latinx populations when attempting to access mental health care. In an effort to combat these inequities and barriers to care with Latinx communities, we must examine our own axis's of power and privilege using anti-racism and intersectionality as a framework to engage in anti-racist and equitable care for Latinx and other communities of color. This workshop will engage participants: (1) Examining one's own axes of power and oppression (2) Reflecting on various forms of intersectionality that impact Latinx communities, and (3) Examine how this knowledge can be utilized to create more equitable mental health service delivery practices when working with Latinx populations.

3 CEs, includes one-hour of preparatory reading and 2-hours of workshop time.

To fulfill an ACBH sponsored virtual training for both attendance completion and/or CE credit, attendees must achieve a score of at least 70% on the post-test
(This is a Free training)



Dr. Laura Minero (She/Her/Ella)

Is a licensed psychologist and founder of Alchemy Psychology Colectivo, Inc. She specializes in working with BIPOC, LGBTQ+, Spanish-speaking, and immigrant youth and adults. A proud first-gen scholar, she earned her PhD in Counseling Psychology from the University of Wisconsin-Madison and completed a postdoctoral fellowship at UCLA Semel Institute. Dr. Minero's award-winning research centers undocumented, trans, and asylum-seeking communities, and she has contributed to national policy through her work with the National Academies of Sciences. A passionate educator and consultant, she provides trauma-informed, anti-racist, and liberation-centered trainings across the country.



Click Here for **REQUIRED PRE-READING**

Measurable Learning Objectives

- By the end of the training, participants will be able to identify 3 ways that systemic oppression impacts the wellbeing of Latinx communities in the US.
- By the end of the training, participants will be able to identify 3 types of intersectionality that may impact Latinx populations.
- By the end of the training, participants will be able to describe 3 strengths that Latinx students and their families possess.

REGISTER NOW >



Or scan QR code with phone below



Registration Information Contact: Paul Y. Moore, ONTRACK Program Resources:
pymoore@getontrack.org

- Programming Information Contact: Dr. Clyde Lewis, Office of Ethnic Services Administrator: clayde.lewis@acgov.org
- For disability or reasonable accommodation requests, or a grievance about an ACBH training, please contact the person listed on this flyer and cc the Training Unit at training.unit@acgov.org. Please make accommodation requests a minimum of five (5) business days prior to training in order to allow time to make arrangements.
- (FYI: accommodation policy is also on The Training Calendar INTRANet and Providers sites:
<https://acgovt.sharepoint.com/sites/BehavioralHealth/SitePages/Training.aspx#reasonable-accommodation-request>
- Provider's Site: <https://www.acbhcs.org/providers/training/calendar.htm>

Continuing Education (CE) credit is only provided for Alameda County and ACBH contracted Provider staff. This course meets the qualifications for 3 hours of CE credit for LCSWs, LMFTs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care (ACBH) is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749; for **Addiction Professionals** by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP-EI), Provider No. 4C-04-604-0626; for **RNs** by the California Board of Registered Nurses, BRN Provider No. 12040. ACBH maintains responsibility for this program/course and its content. Please note: to receive CE credit, it is the participant's responsibility to attend the full training, sign in and out, achieve a score of at least 70% on the post-test(s), and complete the evaluation. No partial credit can be given. CE Certificates will be emailed to qualifying participants within 30 days of the training.

