

2025 Tobacco Treatment Specialist (TTS) Core Training

TWO-PART TRAINING

- 10-hour online preparation course
- 3-day in-person training: **September 24** (In-Person in Berkeley), **25 (virtual via Zoom)**, and **26** (In-Person - 837 Addison St. Berkeley, CA 94710), **2025; 9:00AM-5:00PM**

This training will equip participants to:

- Understand Tobacco Use Disorder and its social determinants
- Support individuals to recover from tobacco dependence
- Understand the FDA-approved tobacco treatment medications and how to use them
- Utilize Motivational Interviewing techniques
- Tailor a Recovery Plan to the needs of each patient/client

This training is sponsored by Alameda County Behavioral Health in contract with LifeLong Medical Care's Tobacco Treatment Training Program, located at LifeLong/EBCRP; CE credit is provided by LifeLong Medical Care.

If you have any questions or need to request accommodations for disabilities, please contact tobaccotreatment@lifelongmedical.org. For grievance information, including filing a grievance or to receive a copy of the grievance policy, please contact tobaccotreatment@lifelongmedical.org.

Training is **FREE** for Alameda Health ACBHD and ACPHD providers as well as any Alameda County Health providers such as: FHQCs, WIC Providers, Alameda Health System, etc.

**Application closes
September 1, 2024**

Apply here



Alameda County ac bh
Behavioral Health Care Services
MENTAL HEALTH & SUBSTANCE USE SERVICES

**LifeLong
Medical
Care**
Health Services For All Ages
a california *health* center



Tobacco Treatment Specialist Training Modules

Online modules include:

1. Overview of the Tobacco Problem
2. Tobacco Use Disorder and Physical Health
3. Tobacco Use Disorder and Behavioral Health
4. Describing Tobacco Use Disorder
5. The Biology of Tobacco Use Disorder
6. Psychological Factors and Tobacco Use Disorder
7. Social, Cultural, and Environmental Influences on Tobacco Use Disorder
8. Guidelines for Systems
9. Role of the Tobacco Treatment Specialist and Additional Resources

Live modules (in-person or virtual) include:

1. Counseling Skills: Building Rapport with Motivational Interviewing
2. Pharmacotherapy for the Treatment of Tobacco Use Disorder
3. Cognitive and Behavioral Treatment Strategies
4. Intake and Assessment
5. Treatment Planning



For more information about course content, please visit our website:

<https://www.umassmed.edu/tobacco/training>

What people are saying about our course:

- "I loved the format of the virtual training. The breaks at the top of every hour helped to keep us engaged, and the use of break out rooms and interactive activities helped the material and information stick."
- "I thought it was great! The interactive parts were really fun, and I especially liked the case studies we worked with in small groups."
- All 2021 participants noted that their ability to deliver effective tobacco dependence treatment interventions increased after training, with almost 90% of participants reporting that their ability increased "a great deal."

