

Trauma-Informed and Culturally-Responsive Practices in Working with Asian American, Native Hawaiian, and Pacific Islander (AANHPI) Clients

Thursday, May 29, 2025

10:00 a.m. – 12:00 p.m.

Course Description:

This training aims to deepen the participants' understanding of the needs and cultural context of behavioral health clients who identify as Asian American, Native Hawaiian, and Pacific Islander (AANHPI), within a trauma-informed lens. This training discusses areas for cultural adaptation when working with AANHPI clients using a combination of top-down and bottom-up frameworks; and ecological models. This workshop also addresses the National CLAS Standards' "Principal Standard 1: Provide effective, equitable, understandable, and respectful quality care and responsive to diverse cultural health beliefs and practices, preferred languages, health literacy, and other communication needs. Finally, this training will facilitate a discussion with participants on how implicit biases affect behavioral health providers' perceptions, judgments, and treatment decisions, leading to disparities in health outcomes for AANHPI populations; and specific strategies providers can use to address unintentional biases that contribute to healthcare disparities.

3 CEs, includes one-hour of preparatory reading and 2-hours of workshop time.

To fulfill an ACBH sponsored virtual training for both attendance completion and/or CE credit, attendees must achieve a score of at least 70% on the post-test

(This is a Free training)



Ritchie Rubio, PhD

As the Director of Practice Improvement and Analytics at SFDPH – Behavioral Health Services, Ritchie enhances trauma-focused, culturally responsive care for BIPOC communities. Over the past three years, he has developed curricula and led state, national, and international trainings on cultural and telehealth adaptations of trauma-informed interventions. As an adjunct professor at Pepperdine, USF, and The Wright Institute, Ritchie has taught courses such as Trauma and Crisis Counseling and Developmental Psychology through a multicultural and social justice lens.

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Or scan QR code with phone below



Click Here for **REQUIRED PRE-READING**

Measurable Learning Objectives

After attending this course, participants will be able to:

1. Describe at least two principles of culturally-adapting evidenced-based clinical interventions for AANHPI clients using top-down and bottom-up frameworks.
2. Identify at least two ways of culturally-adapting trauma-focused interventions when working with AANHPI clients.
3. State two ways of demonstrating humility when working with AANHPI populations.

Registration Information Contact: Paul Y. Moore, ONTRACK Program Resources: pymoore@getontrack.org

- Programming Information Contact: Dr. Clyde Lewis, Office of Ethnic Services Administrator: clyde.lewis@acgov.org
- For disability or reasonable accommodation requests, or a grievance about an ACBH training, please contact the person listed on this flyer and cc the Training Unit at training.unit@acgov.org. Please make accommodation requests a minimum of five (5) business days prior to training in order to allow time to make arrangements.
- (FYI: accommodation policy is also on The Training Calendar INTRAnet and Providers sites: <https://acgovt.sharepoint.com/sites/BehavioralHealth/SitePages/Training.aspx#reasonable-accommodation-request>
- Provider's Site: <https://www.acbhcs.org/providers/training/calendar.htm>

Continuing Education (CE) credit is only provided for Alameda County and ACBH contracted Provider staff. This course meets the qualifications for 3 hours of CE credit for LCSWs, LMFTs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care (ACBH) is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749; for **Addiction Professionals** by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP_EI), Provider No. 4C-04-604-0626; for **RNs** by the California Board of Registered Nurses, BRN Provider No. 12040. ACBHD maintains responsibility for this program/course and its content. Please note: to receive CE credit, it is the participant's responsibility to attend the full training, sign in and out, achieve a score of at least 70% on the post-test(s), and complete the evaluation. No partial credit can be given. CE Certificates will be emailed to qualifying participants within 30 days of the training.