



Behavioral Health Department

Alameda County Health

Welcome, Jody Lyman, MA, LMFT Forensic Behavioral Health Clinical Supervisor

We are pleased to announce that Jody Lyman, MA, LMFT will be joining the Adult Forensic Behavioral Leadership Health Team as a Forensic Behavioral Health Clinical Supervisor effective March 17th.

Jody will oversee and support operations of the Clinic at Santa Rita Jail, provide leadership support in Therapeutic Housing Units as well as support training and development of AFBH staff.

Prior to this role, Jody worked with Telecare in partnership with AFBH in ITR, starting as an unlicensed clinician on the NOC shift. She then advanced to Team Lead after becoming licensed and briefly served as Interim Clinical Director.

Jody holds a master's in counseling psychology from the University of San Francisco and has experience working with various community mental health agencies across the Bay Area. Her previous roles include positions at East Bay Agency for Children, Edgewood Center for Children and Families, Pathways Home Health & Hospice, Stars Behavioral Health Group, and HealthRIGHT 360.

Born and raised in the Bay Area, Jody moved to Oklahoma City with her husband and dog in 2022, where she continued working within the corrections population at the Oklahoma County Detention Center. In her free time, Jody enjoys traveling, taking her dog to the park, Saturday morning shopping trips to Target and Marshall's, binge-watching Law & Order SVU or HGTV, and spending time on boats or near the water.

Although Oklahoma was an exciting adventure, Jody is eager to return to the Bay Area to be closer to family and friends. She is extremely excited to return to Santa Rita Jail and begin this next chapter with the AFBH team.

Please join me in congratulating Jody on her new leadership role and this exciting new professional chapter!



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