

Awakening Healing: An Indigenous Perspective on Trauma Healing

Friday, October 17, 2025
10:30 a.m. – 12:30 p.m.

Course Description:

Join celebrated Native American racial equity educator and scholar, Anton Treuer, for a deep dive into community-defined healing practices and strategies for mental health and addiction recovery, with a special focus on practices to help address historical and contemporary trauma. Treuer is Ojibwe, from the Leech Lake Reservation in northern Minnesota. His groundbreaking scholarship and service as a spiritual leader in Native spaces has equipped him with an authentic perspective on the most important work of our time and our individual and collective quest for healing. The session thus addresses directly the National CLAS Standards "Principal Standard 1: 'Provide effective, equitable, understandable, and respectful quality care and services that are responsive to diverse cultural health beliefs and practices, preferred languages, health literacy, and other communication needs.'

3 CEs, includes one-hour of preparatory reading and 2-hours of workshop time.

To fulfill an ACBH sponsored virtual training for both attendance completion and/or CE credit, attendees must achieve a score of at least 70% on the post-test
(This is a Free training)



Dr. Anton Treuer, Ph.D.

Is Professor of Ojibwe at Bemidji State University and Editor of the Oshkaabewis Native Journal, the only academic journal of the Ojibwe language. He is the author of many books, including *Everything You Wanted to Know About Indians But Were Afraid to Ask* and *The Language Warrior's Manifesto*, and has lectured widely on Ojibwe history, language, culture, and racial equity. Dr. Treuer has received fellowships from the Guggenheim Foundation, the National Endowment for the Humanities, and the National Science Foundation, and in 2018 was named Guardian of Culture and Lifeways by the Association of Tribal Archives, Libraries, and Museums.



Click Here for **REQUIRED PRE-READING**

1. Participants will be able to identify three community-defined healing practices used today by the Indigenous population of Alameda County to address "Historical Trauma".
2. Participants will be able to implement 2 strategies that support community and individual strengths and resilience.
3. By the end of the training, participants will be able to list three distinct behavioral health concerns that Native American nations in California list as top priorities for redress.
4. Participants will learn to deal with Native American historical mistrust by identifying 3 practices for creating a safe environment that counter historical mistrust.

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Registration Information Contact: Paul Y. Moore, ONTRACK Program Resources:
pymoore@getontrack.org

- Programming Information Contact: Dr. Clyde Lewis, Office of Ethnic Services Administrator: clyde.lewis@acgov.org
- For disability or reasonable accommodation requests, or a grievance about an ACBH training, please contact the person listed on this flyer and cc the Training Unit at training.unit@acgov.org. Please make accommodation requests a minimum of five (5) business days prior to training in order to allow time to make arrangements.
- (FYI: accommodation policy is also on The Training Calendar INTRANet and Providers sites:
<https://acgovt.sharepoint.com/sites/BehavioralHealth/SitePages/Training.aspx#reasonable-accommodation-request>
- Provider's Site: <https://www.acbhcs.org/providers/training/calendar.htm>

Continuing Education (CE) credit is only provided for Alameda County and ACBH contracted Provider staff. This course meets the qualifications for 3 hours of CE credit for LCSWs, LMFTs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care (ACBH) is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No. 65749; for **Addiction Professionals** by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP-EI), Provider No. 4C-04-604-0626; for **RNs** by the California Board of Registered Nurses, BRN Provider No. 12040. ACBHD maintains responsibility for this program/course and its content. Please note: to receive CE credit, it is the participant's responsibility to attend the full training, sign in and out, achieve a score of at least 70% on the post-test(s), and complete the evaluation. No partial credit can be given. CE Certificates will be emailed to qualifying participants within 30 days of the training.

