

Tobacco Treatment and the Role of Pharmacotherapy for Behavioral Health Populations

Tuesday, December 9, 2025; 1:00-2:00PM Pacific Time

Trainer: Dr. Samali Lubega, MD

Description: Providers taking this course will learn more about the scope and dimensions of the tobacco use in behavioral health populations. They will learn different systems-level approaches to increasing the reach of tobacco treatment and how to utilize evidence-based practices in prescribing pharmacotherapy for tobacco use. In addition, providers will learn how to support cognitive behavioral strategies to help patients with pre-cessation, cessation and relapse prevention while developing tobacco treatment plans with patients.

Who Should Attend: AOD Counselors, Mental Health and Primary Care Providers, Health Educators, Community Cessation Facilitators, Case Managers, Home Health Care Workers, Nurses and other healthcare providers.

Learning Objectives – by the end of this training, participants will be able to:

- Describe and apply evidence-based medicine principles to pharmacological treatment for nicotine dependence;
- Be able to explain the anticipated effects of the available pharmacologic treatment in select medical conditions to affected patients; and
- List additional special concerns and issues that affect the choice of pharmacologic treatment as part of a tobacco treatment plan.

Registration required • FREE • Zoom link sent upon registration
Sign up online: <https://www.eventbrite.com/e/1975160938537?aff=oddtcreator>

Schedule: 1:00PM-2:00PM

Questions? Contact us at tobaccotreatment@lifelongmedical.org

This training is sponsored by Alameda County Behavioral Health in contract with LifeLong Medical Care's Tobacco Treatment Training Program, located EBCRP. CE credit is provided by LifeLong Medical Care. If you have any questions or need to request accommodations for disabilities, please contact tobaccotreatment@lifelongmedical.org. For grievance information, including filing a grievance or to receive a copy of the grievance policy, please contact tobaccotreatment@lifelongmedical.org.

Course Completion certificates will be awarded by email for those that submit a post-test/ evaluation form and are provided within one week of receipt of the form. Course meets the qualifications for 1.0 hours of continuing education credit for LMFT's, LCSW's, LPCC's, LEP's as required by the California Board of Behavioral Sciences and SUD Counseling Staff by the California Consortium of Addiction Programs and Professionals (CCAPP). LIFELONG MEDICAL CARE (PROVIDER #128513) IS APPROVED BY THE CALIFORNIA ASSOCIATION OF MARRIAGE AND FAMILY THERAPISTS TO SPONSOR CONTINUING EDUCATION FOR LMFT'S, LCSW'S, LPCC'S AND LEP'S. LIFELONG MEDICAL CARE MAINTAINS RESPONSIBILITY FOR THE PROGRAM AND ALL ITS CONTENT.

