Alameda County Behavioral Health Department (ACBHD) Older Adult Division is pleased to offer a FREE training: Monthly Older Adult Training

LGBTQIA+ Older Adults and Behavioral Health Wednesday, June 11, 2025

11:00 AM to 12:00 PM

(Training starts promptly at 11:00 AM) Location: Virtual (A ZOOM link will be emailed after registering.)

Target Audience: ACBH trainings are for Alameda County Behavioral Health staff, contracted provider staff and the residents of Alameda County.

Trainer: Marisa Musso LMFT, CRC

Marisa is a queer, bi, Deaf, polyamorous, mama and ambivert with an LMFT and CRC from SF State University. With over 20 years of experience in nonprofits in the Bay Area, they offer a grounded and compassionate approach, specializing in disability, non-traditional relationships, and identities in transition. An active participant in the local bi/pan community and deeply committed to LGBTQ+ advocacy, Marisa builds inclusive spaces that foster connection, belonging, and personal growth.

Description:

More than 39 million people in the U.S. are age 65 years or older including 2.4 million people who identify as lesbian, gay, bisexual or transgender (LGBTQIA+). As the baby boomer generation ages, the older adult population will increase from 12.8 percent to an estimated 19 percent in 2030. Psychological service providers and care givers for older adults need to be sensitive to the histories and concerns of LGBTQIA+ people and to be open-minded, affirming and supportive towards LGBTQIA+ older adults to ensure accessible, competent, quality care. Caregivers for LGBTQIA+ people may themselves face unique challenges including accessing information and isolation. Attendees will learn about behavioral health disparities and risk among the LGBTQIA+ older adult community. Attendees will gain an understanding of the effect of social

Learning Objectives - by the end of this session, attendees will be able to:

isolation and loneliness among the LGBTQIA+ older adult community.

- 1. Identify 2 ways in which LGBTQIA+ older adults in their 60s have had a different experience around acceptance than older adults in their 80s+, due to sociocultural shifts over time.
- 2. Identify at least 2 barriers LGBTQIA+ seniors experience when engaging in mental health treatment.
- 3. Name at least 3 recommendations on how to provide identity-affirming, mental health treatment to LGBTQIA+ seniors.

To fulfill an ACBH sponsored virtual training for both attendance completion and/or CE credit, attendees must achieve a score of at least 70% on the post-test.

Accommodations or Grievance?: For disability or reasonable accommodation requests, or a grievance about an ACBH training, please contact the person listed on this flyer and cc the Training Unit at training.unit@acgov.org. Please make accommodation requests a minimum of five (5) business days prior to training to allow time for arrangements.

Registration Link:

https://us06web.zoom.us/meeting /register/WVHi6IAIR16IA-QiSvwTPQ

For registration help contact

Juliene Schrick juliene.schrick@acgov.org Ph: 510-239-1205

Continuing Education (CE)

CE credit is ONLY provided for County and ACBH contracted Provider staff.

This class meets the qualifications for **1** hour of CE credit each session for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care Services (ACBHCS) is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749; for Addiction Professionals by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP EI), Provider No. 4C-04-604-0626; for **RNs** by the California Board of Registered Nurses, BRN Provider No. 1204. ACBH maintains responsibility for this program/course and its content.

Please note: in order to qualify for CE

credit from an ACBH it is the participant's responsibility to (1) attend the full training, (2) fill in an evaluation, and (3) complete a post-test with a passing score of at least 70%.

CE Certificates will be emailed to qualifying participants within 30 days after the training.