

## **Administration**

### **Chief Medical Officer:**

Aaron Chapman, MD

### **Crisis Services System of Care Director:**

Stephanie Lewis, LMFT

### **Crisis Services Division Director:**

Yesenia Lott, LCSW

### **Clinical Supervisors:**

Trinh Reyes, LCSW

Sarah Ou, LCSW

Thema Page, LCSW



If you are in  
imminent danger  
and/or experiencing a  
medical emergency,  
please call 911.



**To request a Mobile Crisis or  
Outreach and Engagement  
Teams, please call (510) 891-  
5600 and ask for a crisis con-  
sult.**

Crisis Services is available  
Monday – Friday from 8am-6pm.

If you are in need of someone to  
talk to due to a mental health  
crisis, support is available 24/7.  
Please contact:

### **Crisis Support Services of Alameda County**

<https://www.crisissupport.org/>

Call 1-800-273-8255 or

Dial 988

<https://988alamedacounty.org/>

Text 'SAFE' to 20121 for Crisis  
Support via text. Hours:  
8:00 a.m. – 12:00 a.m. 7 days a  
week.

# **Crisis Services**

## **Mobile Crisis and Outreach and Engagement Teams for Community Members**



 **alameda county  
behavioral health**

MENTAL HEALTH & SUBSTANCE USE SERVICES

**Crisis Services is staffed by behavioral health clinicians and individuals with lived experience.**

**We provide field-based services for anyone of any age.**

**Services include:**

- Telephone crisis intervention
- Information and referral to community resources
- Mobile crisis intervention
- Assessment for hospitalization
- Linkage to crisis stabilization services and crisis residential treatment.
- Post-crisis follow-up and outreach and engagement services
- Care coordination and collaboration with internal and external partners
- Short-term case management services
- Linkage to ongoing mental health and substance use disorder services

Mobile Crisis and Crisis Connect Teams respond countywide (\*except Berkeley)

Mobile crisis teams respond to individuals experiencing a mental health crisis.



Outreach and Engagement teams provide services to individuals in need of non-urgent response, follow-up and linkage to care.

**We believe in the importance of:**

- Consumer choice
- Culturally affirming and linguistically appropriate care
- Preventing unnecessary use of locked settings
- Being inclusive and accessible to all individuals of Alameda County
- Recovery focused interventions and services

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Visit us on the web:  
<https://www.acbhcs.org/acute-integrated-health-care/acute-crisis-services/>