

Motivational Interviewing for Clients with Dual Diagnoses:

Mental Health and SUDS

With Sarah Solis, LCSW | Monday, March 24th

A FREE training presented by Alameda County Behavioral Health and A Better Way

Course Objectives

- 1.) Participants will be able to synthesize the spirit of Motivational Interviewing.
- 2.) Participants will identify 2 OARS skills to be used in the next 30 days.
- 3.) Participants will be able to recognize 3 differences between sustain talk, discord, and change talk.
- 4.) Participants will develop at least 3 new tools for practicing MI with clients with a dual diagnosis who are resistant to treatment.

This course will focus on the nuanced application of Motivational Interviewing fundamentals when working with clients dually diagnosed with a substance use and mental health disorder. Attendees will learn about the Fixing Reflex, the Spirit of Motivational Interviewing, the four processes, OARS (open-ended questions, affirmations, reflections, and summaries), the different forms of client communication (change talk, sustain talk, discord), and change plans. Attendees will practice the application of MI within the framework of harm reduction and trauma informed care. The workshop will include large group discussion, breakout groups, and practice with concrete MI exercises.

Audience: Alameda County Behavioral Health (ACBH) clinical staff and contracted CBO providers are welcome. Capacity is limited. Open until filled.

Director of Seeds of Change Consulting, Sarah Solis LCSW, has 12 years of experience providing care to clients impacted by trauma. She is currently employed as a Clinical Case Manager at the Department of Veterans Affairs. Sarah has worked in corrections, community mental health outpatient and day treatment programs, medical social work, and community-based services for children and families. Sarah has experience providing direct service, clinical supervision, and worked as a program manager for many years. Sarah believes treatment is a gift to the healer as well as the healing. Each individual or family brings an incredible life story and personal wisdom. Throughout the treatment process, Sarah ensures that an individual or family's voice is heard and respected. The majority of her experience has been working with underserved and marginalized populations. Cultural humility and responsiveness is an important element in her work. She participates in monthly cultural humility work groups and has co-authored a training on cultural assessment and treatment planning.



Monday, March 24th | Presented on Zoom

9:00am-4:00pm | Online Waiting Room Opens at 8:45am

Online Course | Zoom link sent 2 days before course

6 CEs available for: LCSW, LMFT, LEP, LPCC, PsyD, PhD, RN, Certified Peer Specialists, and CADC

TO REGISTER

Click below to sign up & register:

<https://training.abetterwayinc.net/courses/6139>

A Better Way is approved by the California Association of Marriage and Family Therapists (CAMFT) to sponsor 6 Continuing Education for LCSW, LMFT, LPCC, LEP (62361), and the California Psychological Association (CPA) to sponsor 6 Continuing Education for PhD, PsyD (ABE010). The California Board of Behavioral Sciences (BBS) recognizes CAMFT and CPA Continuing Education credit for license renewal. A Better Way maintains responsibility for this program and its content. Attendees must attend entire course for CE credit. Alameda County Behavioral Health is approved to sponsor CE credit for Certified Peer Specialists, Addiction Professionals, and RNs. This course meets the qualifications for 6 hours of CE credit for Addiction Professionals by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP_EI), Provider No. 4C-04-604-0626; and for RNs by the California Board of Registered Nurses, BRN Provider No. 12040. ACBHCS maintains responsibility for this program/course and its content.

For accommodations or Grievances, contact: Trainings@abetterwayinc.net | (510) 913-1326