

African American Steering Committee Presents

REAFFIRMING OUR FUTURES – STRENGTHENING MINDS AND UPLIFTING COMMUNITIES

Join us for an empowering day of discussions, resources, and healing. Learn from expert speakers, engage in meaningful conversations, and connect with others committed to mental wellness and community strength.

**SATURDAY, MAY 3
2025**

10:00 AM - 4:00 PM
Hayward Veterans Memorial
Building, 22737 Main St.
Hayward, CA 94541

REGISTER TODAY!

★ FEATURING:

- ✓ Keynote Addresses
- ✓ Panel Discussions & Workshops
- ✓ Community Resources & Support Services
- ✓ Networking & Wellness Activities

**This event is free and open to all!
Let's come together to reaffirm
our strength, resilience, and
commitment to a healthier future.**

Find more information at acbhcs.org
Health Equity Division

