

***ACBH Children and Young Adult System of Care
is pleased to offer a FREE training:***



Body Justice: Breaking Away from Diet Culture

Date & Time: Friday, January 30, 2026

9:30AM -12:45PM

Location: The training is offered virtually via Zoom. Link will be provided upon registration.

Audience: Alameda County Behavioral Health staff, and its contracted community-based organization (CBO) providers; Therapists, Psychologists, Social Workers, Psychiatrists, mental health Interns, Post Doc Residents, Physicians, Nurses, Dietitians.

Description:

Body image struggles and distress are incredibly prevalent and clients need emotional support and tools to feel better. This training provides an overview of body image in the lens of social justice. The training will provide guidance and activities to strengthen your connection with your clients and help them feel more empowered in their bodies.

Learning Objectives – at the end of the training, participants will be able to:

1. Participants will be able to identify 2 approaches to provide support when addressing body image struggles and feelings.
2. Participants will be able to identify 2 holistic, social justice informed activities to address body image.
3. Participants will be able to identify 2 ways to translate awareness into action in our understandings of and approaches to body image.

Trainer: *Marcella Raimondo, PhD, MPH is a passionate and spirited clinical trainer speaking from her heart on social justice and eating disorders since 1995. In 1997, Marcella worked with About-Face, a nonprofit organization that addresses media impact on body image serving as the Director of Media Literacy until 2005. She currently serves on the About-Face Board of Founders and a consultant. Marcella received her B.A. from UC Berkeley, and master's degree in public health from the University of Michigan. Marcella's desire to address eating disorders drove her to pursue her doctorate in clinical psychology, receiving her PhD in 2012. Marcella currently serves as a Licensed Clinical Psychologist (PSY # 27037) in Kaiser Permanente's eating disorder clinic in Oakland and runs a private practice focusing on client work, trainings, consultations and supervision. Marcella is hoping to get more into policy work. Marcella herself recovered from anorexia nervosa over 25 years ago. She also trains in the martial art of Kajukenbo at Hand to Hand Self Defense Center in Oakland. Her eating disorder recovery and her martial arts training inspire her dedication to multicultural body nurturance and community celebration.*

Do you have a *reasonable accommodation request or training-related grievance* for an ACBH-hosted training? Please contact: Training.Unit@acgov.org and "cc" the contact person on this flyer.

Grievance policy: [ACBH Trainings](#)

REGISTRATION:

For more information and to register, please use this link:
[REGISTER HERE](#)

Questions? Contact:

Jennifer.Ling@acgov.org,
Ph: 415-535-3286

Continuing Education (CE):

CE credit is available for completing full 3-hour class for 3 CE

CE credit is only provided for County and ACBH contracted Provider staff. This course meets the qualifications for 3 hours of CE credit for **LMFTs, LCSWs, LPCCs, and/or LEPs** as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care Services (ACBHCS) is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749; for **Addiction Professionals** by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP_EI), Provider No. 4C-04-604-0626; and for **RNs** by the California Board of Registered Nurses, BRN Provider No. 12040. **Psychologists** as an approved provider by the California Psychological Assoc., Provider No. ALA006.AC BHCS maintains responsibility for this program/course and its content.

Please note: To earn CE credit, **it is the participant's responsibility to attend full training via Zoom**, sign in and out, achieve a score of at least 70% on the post-test(s), and complete the evaluation.

CE Certificates will be emailed to qualifying participants within 30 days after the training.