

Culturally Responsive Strategies for Behavioral Health Challenges in the African American Community

Thursday, February 27, 2025

10:30 a.m. – 12:30 p.m.

Course Description:

This training assesses the impact of systemic racism and historical trauma on mental health outcomes for African Americans. Participants will identify how these factors contribute to persistent disparities in behavioral health care. The course equips attendees with culturally responsive strategies to address these inequities, emphasizing the implementation of the National CLAS (Culturally and Linguistically Appropriate Services) Standards. By focusing on mitigating implicit bias and fostering cultural humility, this training aims to enhance the quality and effectiveness of behavioral health services for African American communities.

3 CEs, includes one-hour of preparatory reading and 2-hours of workshop time.

To fulfill an ACBH sponsored virtual training for both attendance completion and/or CE credit, attendees must achieve a score of at least 70% on the post-test (This is a Free training)



Adèle James, MA, CPC

Brings an extensive knowledge in training on organizational equity, inclusion practices and implementation of assessments. She has served as an equity trainer for the California State Association of Counties Institute for Excellence in County Government and for Fresno County Department of Behavioral Health.

[Click Here for REQUIRED PRE-READING](#)

Measurable Learning Objectives

1. Define systemic racism, structural racialization, and historical trauma and explain 3 effects on mental health disparities.
2. Identify at least three barriers to mental health care for the African American community and propose culturally responsive solutions.
3. List two key components of the National CLAS Standards and describe how they can be implemented in behavioral health practices.

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Registration Information Contact: Paul Y. Moore, ONTRACK Program Resources: pymoore@getontrack.org

- Programming Information Contact: Dr. Clyde Lewis, Office of Ethnic Services Administrator: clyde.lewis@acgov.org
- For disability or reasonable accommodation requests, or a grievance about an ACBH training, please contact the person listed on this flyer and cc the Training Unit at training.unit@acgov.org. Please make accommodation requests a minimum of five (5) business days prior to training in order to allow time to make arrangements.
- (FYI: accommodation policy is also on The Training Calendar INTRANet and Providers sites: <https://acgovt.sharepoint.com/sites/BehavioralHealth/SitePages/Training.aspx#reasonable-accommodation-request>
- Provider's Site: <https://www.acbhcs.org/providers/training/calendar.htm>

Continuing Education (CE) credit is only provided for Alameda County and ACBH contracted Provider staff. This course meets the qualifications for 3 hours of CE credit for LCSWs, LMFTs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care (ACBH) is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749; for **Addiction Professionals** by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP_EI), Provider No. 4C-04-604-0626; for **RNs** by the California Board of Registered Nurses, BRN Provider No. 12040. ACBHD maintains responsibility for this program/course and its content. Please note: to receive CE credit, it is the participant's responsibility to attend the full training, sign in and out, achieve a score of at least 70% on the post-test(s), and complete the evaluation. No partial credit can be given. CE Certificates will be emailed to qualifying participants within 30 days of the training.