Kinzi Richholt



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Kinzi Richholt became the Chief Nursing Officer to the Office of the Medical Director in August of 2022. Kinzi Richholt, RN, is an experienced Bay Area health care professional with more than 25 years of experience, overseeing nursing services and operations for acute care, inpatient rehabilitation, outpatient clinics, skilled nursing facilities and psychiatric facilities including nursing services at John George Psychiatric Hospital. Ms. Richholt was the System Chief Nurse Executive at Alameda Health System where she implemented best practices that led to improved clinical, financial, and patient experience outcomes. She has proven executive expertise in building strong nursing organizations at all levels that are outcome driven, fiscally responsible and professionally accountable. She is a healthcare leader whose strong background in quality provides an excellent foundation in improving patient experience and achieving organizational success. We honor Kinzi as a phenomenal woman of ACBH!



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What motivated you to pursue a career in behavioral health?

For many years enroute to work I often witnessed individuals on the streets that may be suffering from mental health or substance use disorders. It always evoked in me a feeling of helplessness and sadness.

Was there another woman/mentor/figure that inspired you in your work? If so, who was it and why did she inspire you?

I have witnessed a great leader managing an acute inpatient and outpatient psychiatric facility. Her administrative skills, actions, and commitment to serve inspired me.

What impact have women had on behavioral health in the way we provide service?

I am grateful for the opportunity to work at ACBH and partner with great teams that are committed to serving all individuals in Alameda County that need mental health care including the management of substance use disorder. I am a student and will continue to learn from the leaders that have served this community and are focused on making a difference in care delivery for the underserved and unserved segments of the population in Alameda County.

What changes have you seen in behavioral health because of women "shaking the table"?

Changes in behavioral health care delivery. We have embarked on a 5-year journey via CalAIM to transform Medi-Cal, making the program more equitable, coordinated, and person-centered to help people maximize their health and life trajectory (DHCS). Many of the policies under CalAIM are focused on mental health and substance use care delivery.

The year is 2124. The leadership at ACBH is opening a time capsule that was created and filled in 2024. What did you place in it?

I have placed "gratitude in our quest for a healthy community" in the 2024 ACBH capsule.

