

MARY HOGDEN



Mary Hogden was hired by ACBH in 2010 as a program specialist to help support the POCC program that she had volunteered with since its inception in 2007. In 2011 Mary began managing the program that provided services to her. That program is the POCC (Peers Organizing Community Change) formerly the pool of consumer champions. The passing of MHSA prop 63 provided funding to create this programming with the goal of transforming the Behavioral health system to include a recovery vision that is consumer driven, culturally competent and holistic in its services and supports. The program now has over 1600 thriving community members that are made up of diverse individuals that have lived experience and have experienced mental health, substance use or criminal justice issues. Mary Hogden has a BS in psychology from Guilford College and continued with graduate work.

We honor you, Mary as a phenomenal woman of ACBH!



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What motivated you to pursue a career in behavioral health?

My own behavioral health issues for sure, but I was also inspired by my mother.

Was there another woman/mentor/figure that inspired you in your work? If so, who was it and why did she inspire you?

That woman was my mother who struggled with mental health as well as her mother who spent her life in a mental health institution. I vowed to change that dynamic and to help create services that are about wellness and recovery.

What impact have women had on behavioral health in the way we provide service?

Women and their loving kindness have help shape the work that we all do.

The year is 2124. The leadership at ACBH is opening a time capsule that was created and filled in 2024. What did you place in it?

If the year is 2124 and a time capsule is being opened up I hope that I find my imprint that I made a difference and helped reshape the Behavioral health system and the individuals we serve.

