

Tobacco Prevention & Treatment Training Program

LifeLong Medical Care's Tobacco Prevention & Treatment Training Program is working with ACBH to help providers strengthen their tobacco use intervention initiatives.

Trainings

The program provides training on topics such as:

- Strategies for **integrating tobacco dependence interventions** into treatment programs
- Successfully **implementing and integrating the ACBH Tobacco Policy** within treatment programs
- **Updating intake workflows** to include tobacco use screening
- **Using Nicotine Replacement Therapy (NRT)** and other evidence-based treatment modalities
- **Complying with California law** regarding tobacco use screening and treatment
- **Implementing peer-led tobacco recovery presentations and support groups** within consumer-led agencies
- **Referring patients to Kick It California** for free recovery assistance
- **Creating a stigma-free environment** where patients feel empowered to recover from commercial tobacco and nicotine dependence

Visit our [Training Calendar](#) to register for upcoming trainings.

Technical Assistance

- Need more hands-on support? Our team can provide **on-site assistance and training** to your staff, including support with developing workflows and evaluation frameworks.

Tobacco Treatment Specialist (TTS) Training

Our program is excited to offer the **Tobacco Treatment Specialist (TTS) training**. This training is an opportunity to increase the knowledge base of staff who deliver or have an interest in delivering tobacco treatment services.

Participants should expect to gain in-depth knowledge of motivational interviewing, pharmacotherapy for tobacco use disorder, and best practices for assessment and treatment. Successful completion of this training is one of the primary qualifications for the [National Certificate in Tobacco Treatment Practice](#).

The training consists of:

1. A 10-hour online portion, to be completed prior to the following session
2. A 3-day training session
3. An online exam, to be completed after the final session

Through ACBH, the Tobacco Treatment Training Program is **fully funding the TTS training for 15 substance use disorder counselors** working within ACBH provider organizations.

Contact us at tobaccotreatment@lifelongmedical.org if you or one of your staff is interested in attending this training.

Tobacco Treatment Workgroup

- We want your input! Our staff hold **quarterly workgroup meetings** for providers to discuss the successes and challenges they have encountered while implementing tobacco-use interventions. Contact us at tobaccotreatment@lifelongmedical.org for more information about how to join the workgroup.

How do I know if my agency qualifies for training or assistance?

- Any substance use disorder and/or mental health provider that is **physically located within Alameda County and receives funding from ACBH** qualifies for technical assistance.

Who can I contact for more information?

- Tara Leiker, PhD, LPC, EdS • Program Manager • tleiker@lifelongmedical.org

Additional Resources

- [Kick It California](#) – Tobacco treatment resources and **free recovery coaching**

- [Smoking Cessation Leadership Center, University of California, San Francisco](#) – Tobacco cessation toolkits, infographics, and reports
- [Alameda County Tobacco Control Coalition](#) – Alameda County-specific tobacco resources