



Behavioral Health Department

Alameda County Health

Welcome, Kara Palmer New Senior Program Specialist



Please join me in welcoming Kara Palmer to the Alameda County Behavioral Health Department Adult/Older Adult System of Care. Kara is the system's new Senior Program Specialist and is focusing on the roll out of CARE Court and the oversight of our Full-Service Partnerships. Kara comes with a wealth of experience in behavioral health.

Kara Palmer started her career in the non-profit sector as an SUD Coordinator for a Drug & Alcohol program in Berkeley, CA in 1997. In 1999, she was employed as a Housing Coordinator for Alameda County Lead Poisoning Prevention. She coordinated and provided education and resources for healthy living conditions. In 2005, Kara took a position as a Business Office Manager (BOM) at Telecare/Gladman Mental Health Rehabilitation Center and then promoted to Regional Manager in 2010. During this time, Kara obtained her master's in business communication from Brandman University, Irvine. Programs under her leadership included: Sausal Creek Crisis Center, Heritage PHF, Gladman MHRC, Redwood Place, and Willow Rock PHF in San Leandro.

The Last nine years of Kara's career were spent at Alameda County Social Services Public Guardian Office where she was an LPS (Lanterman Petris-Short) Deputy Public Guardian Conservatorship and in 2019, promoted to Adult Protection Supervisor. Kara's supervised a Unit of 6 Deputy Public Guardian-Conservator Investigators and supported them in the planning, management, and resolution of mental health issues/crisis of caseloads with 70 per staff. Ms. Palmer's strengths include:

- People investigated for 1370's Murphy & Community Conservatorships
- Mediating outstanding issues regarding court investigations with Deputy District Attorneys, Public Defenders, and Criminal Justice Agencies
- Forensic Conflict Resolution/Logistics regarding criminal cases for the best mental health outcomes.
- Collaboration and care coordination across systems
- Bereavement Counseling

Kara holds an MA in Counseling with Palo Alto University. She's an Associate Professional Clinical Counselor #13498, and volunteers as a Bereavement Counselor with Pathways Home Health & Hospice with specialized focus in Intergenerational Trauma and Crisis Counseling.

-Kate Jones, Director of Adult and Older Adult System of Care-



Employee Work Location

2000 Embarcadero Cove
Oakland, CA 94606



Desk Phone Number (TBD)



New Employee's Email Address

kara.palmer2@acgov.org