

Community Engagement and Participatory Approaches to Improving Community Health Utilizing Birth Justice as a Case Study

March 6, 2024
10:00 am -12:00 pm

This training aims to deepen participants' understanding of participatory approaches to improving community health. The training introduces participants to the concept of research justice as a tool for gaining insight into the health needs of marginalized community members while also accelerating community engagement. Participants will explore the role of power and inequality in relationships between practitioners and community members and will develop skills related to collaborative inquiry and co-design of health equity initiatives. The workshop addresses the Enhanced National CLAS Standard 12 and 13: Partner with the community to design, implement, and evaluate policies, practices, and services to ensure cultural and linguistic appropriateness.

3 CEs, includes one-hour of preparatory reading and 2-hours of workshop time.



Julia Chinyere Oparah is a recognized scholar of Black maternal health and the birth justice movement in the U.S, having helped to coin, define and popularize the term "birth justice" through her work with the organization she co-founded, Black Women Birthing Justice. Her trauma-informed approach offers tools to manage the impact of historic and contemporary traumas that may be activated by workplace microaggressions and toxic workplace cultures. She has published three books on the topic.

Dr. Oparah is a professor at the University of San Francisco and previously taught in the Faculty of Social Work at the University of Toronto. Relevant education includes a Ph.D. Sociology with an emphasis in race and gender studies, M.A. Race and Ethnic Relations. Other training includes a Certificate in Trauma-Informed Coaching from Coach Training World, which provides expertise on techniques to work with clients who have experienced different forms of trauma, including medical trauma such as traumatic medical interventions, psychological trauma or pregnancy loss.

Learning Objectives:

- List three ways in which cultural humility is required in order to assess power-over and power-sharing in relationships with community members, clients and co-workers.
- Describe 2 core principles of community co-design as a tool for identifying and addressing health equity challenges.
- Demonstrate two ways that a case study of birth justice work assists in the co-design of individual and program-wide efforts to better serve BIPOC and underserved populations.

Click Here for **REQUIRED PRE-READING**

CLICK HERE TO REGISTER
or scan QR code with
phone below



Registration Information Contact:

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Programing Information Contact:

Office of Ethnic services

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Continuing Education (CE) credit is only provided for County and ACBH contracted Provider staff. This course meets the qualifications for 3 hours of CE credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care Services (ACBHCS) is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749; for Addiction Professionals by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP_Ei), Provider No. 4C-04-604-0624; for RNs by the California Board of Registered Nurses, BRN Provider No. 12040. ACBHCS also sponsors 2 hours of CE instruction for Psychologists as an approved provider by the California Psychological Assoc., Provider No. ALA006. Psychologists may track the 1 hour of self-directed learning for completion of the pre-course reading with the CPA. Go to: https://www.psychology.ca.gov/licensees/ce_reporting_form.pdf ACBH maintains responsibility for this course and its content. Note: to receive CE credit, it is the participant's responsibility to attend the full training, achieve a score of at least 70% on the post-test and complete the evaluation. No partial credit can be given. CE Certificates will be emailed to qualifying participants within 30 days after the training.

