

Working with Black Clients

Holding Space for Race and Other Considerations in the Counseling Field



Led By
**Mahesh Francis
and Iesha Brooks**



Monday, February 26, 2024 | 1:00–2:30pm | Online

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This training is specifically tailored to support therapists and mental health counselors working with Black clients. This training goes beyond traditional cultural competence training and delves into the nuanced intersections of race, identity, and mental health. Participants will gain insights into the impact of racial trauma and develop practical strategies for fostering a safe and affirming therapeutic space.

This training enhances counselors' ability to navigate and support the diverse experiences of Black clients, ultimately enriching the rapport and clinical alliance and promoting improved outcomes.

Mahesh Francis has several years of experience as a private practice therapist, educator, and presenter. He has worked as a shelter monitor, case manager, peer specialist, and residential counselor. He completed his Master's degree in Counseling Psychology with an emphasis in Community Mental Health at the California Institute of Integral Studies.

Iesha has over a decade of experience working with children and families. She has her Master's in Counseling Psychology with an emphasis in Community Mental Health from the California Institute of Integral Studies. She has several years of experience working as a therapist in school settings.