

# What more can we do to help all clients recover from tobacco use challenges?

**Monday, May 6, 2024, 9:00 am – 10:30 am Pacific Time**

**Trainer: Catherine McDonald, MD, MPH**

**Description:** The critical importance of improving tobacco treatment in behavioral health settings will be presented. Evidence-based strategies will be reviewed, including the 5 A's for treating tobacco use, system protocols and procedures, and new ways to make it easier for clients to recover, including reduce-to-quit and maintenance therapy. The significance of smoke-free housing in assisting clients in starting a tobacco recovery journey and staying recovered will also be addressed.

**Who Should Attend:** This training is designed for physicians and psychiatrists at Alameda County Public Health Department-contracted provider organizations and Alameda County Behavioral Health-contracted substance use treatment and mental health programs. However, all staff are welcome to attend.

## **Learning Objectives - at the end of the training, participants will be able to:**

- Describe the 5As of Tobacco Treatment
- Describe one (1) way in which EMR prompts can increase the use of the 5As and support teamwork
- Explain two (2) methods of reduce-to-quit
- Explain the two (2) most effective medications for tobacco recovery
- Explain two (2) benefits of smoke-free housing for recovery from tobacco use

**Registration required, limited to 100 participants • FREE • Zoom link sent upon registration**

**Sign up online:** <https://www.eventbrite.com/e/872080986707?aff=oddtcreator>

**Questions?** Contact us at [tobaccotreatment@lifelongmedical.org](mailto:tobaccotreatment@lifelongmedical.org)

*This training is sponsored by Alameda County Behavioral Health Care Services in contract with LifeLong Medical Care Tobacco Treatment Training Program, located EBCRP. CE credit is being provided by Alameda County Behavioral Health. **For reasonable accommodation or to file a grievance, go to:** <http://www.acbhcs.org/training>  
Continuing Education (CE) credit is only provided for Alameda County and ACBH contracted Provider staff.*

***This course meets the qualifications for 1.5 hours of CE credit for LMFTs, LCSWs, LPCCs, and/or LEPs** as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care Services. (ACBHCS) is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749; for **Addiction Professionals** by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP\_EI), Provider No. 4C-04-604-0624; and for **RNs** by the California Board of Registered Nurses, BRN Provider No. 12040. ACBHCS maintains responsibility for this program/course and its content. **Please note:** to receive CE credit, it is the participant's responsibility to attend the full training and complete the evaluation. CE Certificates will be emailed to qualifying participants within 30 days of the training.*

*The Alameda County Behavioral Health Care Services is accredited by the California Medical Association (CMA) to provide continuing medical education for physicians. ACBH takes responsibility for the content, quality and scientific integrity of this CME event. **ACBH designates this live activity for a maximum of 1.5 AMA PRA Category 1 Credits (TM). Physicians should only claim credit commensurate with the extent of their participation in the activity.***