

# Intermediate Motivational Interviewing Skills for Professionals Working in Law Enforcement and Juvenile Justice

With Sarah Solis, LCSW | Monday, April 22nd

A FREE training presented by Alameda County Behavioral Health and A Better Way

## Course Objectives

- 1.) Participants will be able to identify at least 1 situation in which they fell back into the fixing reflex.
- 2.) Participants will practice the use of at least 2 complex reflections.
- 3.) Participants will act as the provider in at least 1 breakout room and will receive a reflection to question ratio.
- 4.) Participants will develop at least 2 new skills for avoiding the righting reflex and focusing on different forms of change talk when working with clients.

This 6-hour course will focus on enhancing existing Motivational Interviewing skills. Participants will identify situations in which they are likely to fall back into the fixing reflex and the ways in which they have further integrated the Spirit of MI. The training group will examine more nuanced forms of change talk and the use of complex reflections to consolidate client motivation. Each participant will act as the provider in at least one breakout room and will receive a feedback count of utilized MI skills and a reflection to question ratio.

**Audience:** Alameda County Behavioral Health (ACBH) clinical staff and contracted CBO providers are welcome. Capacity is limited. Open until filled.

*Director of Seeds of Change Consulting, Sarah Solis LCSW, has 12 years of experience providing care to clients impacted by trauma. She is currently employed as a Clinical Case Manager at the Department of Veterans Affairs. Sarah has worked in corrections, community mental health outpatient and day treatment programs, medical social work, and community-based services for children and families. Sarah has experience providing direct service, clinical supervision, and worked as a program manager for many years. Sarah believes treatment is a gift to the healer as well as the healing. Each individual or family brings an incredible life story and personal wisdom. Throughout the treatment Sarah ensures that an individual or family's voice is heard and respected. The majority of her experience has been working with underserved and marginalized populations. Cultural humility and responsiveness is an important element in her work. She participates in monthly cultural humility work groups and has co-authored a training on cultural assessment and treatment planning.*



Monday, April 22nd | Presented on Zoom

9:00am-4:00pm | Online Waiting Room Opens at 8:45am

Online Course | Zoom link sent 2 days before course

6 CEs available for: LCSW, LMFT, LEP, LPCC, PsyD, PhD, RN and CADC

TO REGISTER

Click below to sign up & register:

<https://training.abetterwayinc.net/courses/4360>

A Better Way is approved by the California Association of Marriage and Family Therapists (CAMFT) to sponsor 6 Continuing Education for LCSW, LMFT, LPCC, LEP (62361), and the California Psychological Association (CPA) to sponsor 6 Continuing Education for PhD, PsyD (ABE010). The California Board of Behavioral Sciences (BBS) recognizes CAMFT and CPA Continuing Education credit for license renewal. A Better Way maintains responsibility for this program and its content. Attendees must attend entire course for CE credit. Alameda County Behavioral Health is approved to sponsor CE credit for Addiction Professionals and RNs. This course meets the qualifications for 6 hours of CE credit for Addiction Professionals by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP\_EI), Provider No. 4C-04-604-0624; and for RNs by the California Board of Registered Nurses, BRN Provider No. 12040. ACBHCS maintains responsibility for this program/course and its content.

For accommodations or Grievances, contact: [Trainings@abetterwayinc.net](mailto:Trainings@abetterwayinc.net) | (510) 913-1326