

Presented by  
**SENECA FAMILY OF AGENCIES in partnership with**  
**ALAMEDA COUNTY BEHAVIORAL HEALTH**

**LEARN TECHNIQUES THAT SUPPORT SELF AND CO-REGULATION**  
**FROM A TRAUMA INFORMED PERSPECTIVE - 3 CE CREDITS**

**WHEN:**

January 30, 2024  
9:00AM -12:30 PM

**LOCATION:**

Zoom:  
Registration and Link  
Information is listed below.

**INTENDED FOR:**

Alameda County Behavioral  
Health and contracted Provider  
staff

**ABOUT THE COURSE:**

Many system involved youth and their families are survivors of interpersonal violence and other traumatic experiences which impact their ability to regulate their nervous systems. Those who work with them often find themselves becoming dysregulated in the process of learning about their client's experiences. Learn simple techniques from the fields of energy medicine and energy psychology which providers can teach to youth and families and use themselves to regulate their nervous systems.

*Full time of training: 9:00 AM-12:30PM, 3.5 hours.  
Instructional time: 3 hours. Non-instructional time: 0.5 hours.*

**CAMFT INFORMATION:**

**\*\*Registrants are responsible for reading the following information\*\***

Training meets the qualifications for 3 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. Seneca Family of Agencies is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs.

Provided by Seneca Family of Agencies, Provider #135057. CERTIFICATES of completion will not be provided if more than 15 minutes of content is missed by participant. After the training is complete, participants must request a certificate by filling out the Certificate Request Form. Certificates will be provided within four weeks of the training if participants complete all criteria required for a certificate. For assistance, contact the Certificate Department at Seneca Institute for Advanced Practice via [certificates@senecacenter.org](mailto:certificates@senecacenter.org).

**ABOUT THE PRESENTER:**

Rachel Michaelsen, LCSW, is a clinical social worker who has worked in HMOs, public agencies, and private practice as both a mental-health provider and a supervisor for over thirty years. She has taught courses in DSM-5, clinical supervision, law and ethics, childhood psychopathology, time management, boundaries, vicarious traumatization and energy psychology at universities, conferences, and mental-health agencies. She has a private psychotherapy practice, which has been exclusively been online since 2020 and is also the recent past chair of the Humanitarian Committee for the Association for Comprehensive Energy Psychology.

**ZOOM INSTRUCTIONS:**

**\*\*Registrants are responsible for reading the following information\*\***

**Register in advance for this meeting:**

<https://zoom.us/meeting/register/tJMpduCvqD4rGtS9-sjuhyJ2MhwPGsYB2ZB->

[Copy and paste link into browser if not auto-directed]

**After registering, you will receive a confirmation email containing information about joining the meeting.**

**Registration Assistance:**  
[training@senecacenter.org](mailto:training@senecacenter.org)

**Registration Assistance:** [training.unit@acgov.org](mailto:training.unit@acgov.org)  
Ph: 1- 510- 567- 8113

If you must cancel enrollment, please do so at least 72 hours in advance of the training.

To request accommodation or to file a grievance about an ACBH sponsored training, go to:

<http://www.acbhcs.org/training-calendar>