

Eating Disorder Case Consultations



**Facilitated by
Helen Savin, LCSW,
ACBH Eating
Disorder Consultant**



Eating Disorder case consultations—monthly virtual groups and one-time or ongoing individual—are available if you are an Alameda County Behavioral Health (ACBH) clinician or ACBH contracted provider working with a client experiencing an eating disorder or eating problems.

**MONTHLY
VIRTUAL
GROUP
CONSULTATION**

2023 DATES/TIME: 2nd Wednesdays at 10am

Jan 11, Feb 8, Mar 8, Apr 12, May 10, June 14, July 12,
Aug 9, Sept 13, Oct 11, Nov 8, and Dec 13

**INDIVIDUAL
CONSULTATION**

ONE-TIME or ONGOING: Individual phone consultations available.

To attend group consultations or schedule an individual consultation, contact Helen Savin at: cahealingperspectives@gmail.com.