



Presented by

SENECA FAMILY OF AGENCIES in partnership with ALAMEDA COUNTY BEHAVIORAL HEALTH

Trauma-informed and Trauma-focused Interventions using Telehealth for Adult clients - 3 Continuing Education Credits

WHEN:

Date: Jan 27th 2023 Time: 9:00AM-12:10PM

LOCATION: ZOOM

<u>*CLICK HERE TO REGISTER</u> FOR THIS TRAINING*

After registering, you will receive a confirmation email with information about joining the meeting.

INTENDED FOR:

Alameda County Behavioral Health and contracted provider staff.

About the Course

The goal of this training is for participants to distinguish among some of the most commonly used and widely researched trauma-informed and trauma-focused interventions in working with clients who present with acute, chronic, or complex trauma. The training will primarily expand and strengthen the participants' clinical skills on telehealth adaptations of trauma-focused and trauma-informed interventions in working with clients. The training will also increase the participants' competencies in integrating telehealth adaptations of some culturally-adapted trauma-focused interventions in their clinical work with Black, Indigenous, and People of Color (BIPOC) clients. Finally, the training will culminate in the participants' development of a tentative plan on how to implement trauma-focused telehealth tools in their individual clinical practice and/ or behavioral health programs.

Full time of training: from 9:00 AM - 12:10 PM, 3 hours and 10 min.

Instructional time: 3 hours Non-instructional time: 10 min

There will be one 10 minute break, during which continuing education credit is not accrued.

Educational Objectives

- Identify and describe at least two clinical considerations when using telehealth for working with clients exposed to trauma and/or experiencing ongoing trauma.
- Appraise the applicability of at least two core elements of traumafocused interventions in engaging behavioral health clients in telehealth.
- Illustrate at least two ways of culturally-adapting trauma-focused interventions when working with BIPOC clients.
- Construct and organize tentative plan with at least two action steps on how to use telehealth tools to help clients exposed to and/or experiencing trauma.

About the Presenter

Ritchie Rubio Ph.D.in Clinical Psychology:

As current Director of Practice Improvement and Analytics at the San Francisco Department of Public Health – Behavioral Health Services, I strengthen our system's efforts to integrate traumafocused and culturally-responsive practices in the use of telehealth with primarily BIPOC clients. During the past 2 years, I have been developing curriculums and providing state- and nation-wide trainings on telehealth adaptations of clinical practices specifically trauma-informed and trauma-focused interventions. I am also an adjunct professor (formerly associate professor) at the counseling psychology programs of the University of San Francisco. Pepperdine University, and The Wright Institute in Berkeley. Relevant to this training, I have taught courses such as Trauma and Crisis Counseling; and Trauma-Informed care.

Continuing Education Credits

Registrants are responsible for reading the following information
This training meets the qualifications for 3_continuing education credits for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences. Seneca Family of Agencies is approved by the California Association of Marriage and Family Therapists to sponsor continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs. Provided by Seneca Family of Agencies, Provider #135057. For assistance, contact Seneca at (510) 654-4004 or certifi-

cates@senecacenter.org
This course also meets the qualifications for 3 CE credits for Addiction Professionals by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP_EI), Provider No. 4C-04-604-0624; and for RNs/NPs by the California Board of Registered Nurses, BRN Provider No. 12040,

provided by Alameda County Behavioral Health Care (ACBH). ACBH maintains responsibility for this program/course and its content

CERTIFICATES of completion will not be provided if more than 15 minutes of content is missed by participant. Certificates will be provided to qualifying participants within 30 days of the training.

CK HERE TO REGISTER:

Registration assistance: <u>brisalowry@senecacenter.org</u>, (510) 381-4149