Student and Faculty Mental Health: In the Setting of the Rise of School Shootings and School Violence. How it Impacts African American Students

Course Description:

This course describes how to develop opportunities for mental health, wellness, hope, and resilience among black youth. As well as increasing collaborations between schools and mental health providers. The goal of this course is to enhance overall professional growth and improve clinical skills to help support mental health in Black youth who are at risk for exposure to school and community violence.

Target Audience: Community-Based Organizations and ACBH contracted Mental Health and Substance Use Disorder Provider staff.

Measurable Learning Objectives:

- List two social determinants of mental health that influence school/community violence, including historical examples.
- Identify three risk factors among youth more likely to perpetrate violence in school/community and strategies for mitigating those risks.
- Describe three programs to augment hope and resilience in BIPOC youth exposed to school/community violence.
- Describe two practical tips and strategies community members can use to restore emotional/psychological well-being in the wake of community violence.

About the Presenters:

Dr. Delane Casiano is an adult psychiatrist in Philadelphia, Pennsylvania. With a specialization in cultural psychiatry and women’s mental health, Dr. Casiano has worked with ethnically diverse populations in a multitude of health care settings. Through her work, she is helping women overcome challenges with depression and other mental health problems. Such professional and governmental organizations as the American Psychiatric Association and the National Institute of Mental Health have recognized her research examining cultural influences on mental health beliefs among African American women with depression. Dr. Casiano is a member of the American Psychiatric Association and Black Psychiatrists of America.

Dr. Karriem Salaam is a Board Certified in Adult and Child & Adolescent Psychiatry. He currently serves as the Medical Director of Adolescent Services at Friends Hospital in Northeast Philadelphia and as a Clinical Assistant Professor of Psychiatry at Drexel University College of Medicine in Philadelphia, from 2006 to present. Dr. Salaam has been a Fellow of the American Psychiatric Association since 2017. He is a founding member of Global Health Psychiatry, LLC. A company focused on decreasing the stigma of mental illness in communities of color, through education and community action, established in 2017.